



Teaching Guide

| Identifying Data | | | | | 2015/16 |
|---------------------|--|--------|-----------------------|---------|-----------|
| Subject (*) | Fisioloxía | | | Code | 661G01105 |
| Study programme | Grao en Enfermaría | | | | |
| Descriptors | | | | | |
| Cycle | Period | Year | Type | Credits | |
| Graduate | Yearly | First | FB | 12 | |
| Language | SpanishGalicianEnglish | | | | |
| Teaching method | Face-to-face | | | | |
| Prerequisites | | | | | |
| Department | | | | | |
| Coordinador | Gómez Tellado, Manuel | E-mail | manuel.tellado@udc.es | | |
| Lecturers | Gómez Tellado, Manuel | E-mail | manuel.tellado@udc.es | | |
| Web | | | | | |
| General description | O propósito desta materia é abordar o coñecemento e comprensión da función dos sistemas do organismo humano de forma integrada, é dicir os mecanismos que o organismo utiliza para manter en equilibrio todas as súas funcións e as interrelacións entre elas. Comprender as alteracións que se producen cando fallan os mecanismos de compensación fisiolóxicos e as súas manifestacións. | | | | |

Study programme competences

| Code | Study programme competences |
|------|--|
| A1 | Coñecer e identificar a estrutura e función do corpo humano. |
| A2 | Comprender as bases moleculares e fisiolóxicas das células e os tecidos. |
| A11 | Coñecer os procesos fisiopatolóxicos e as súas manifestacións e os factores de risco que determinan os estados de saúde e enfermidade nas diferentes etapas do ciclo vital. |
| B1 | Aprender a aprender. |
| B8 | Capacidade de análise e sínteses. |
| B12 | Capacidade para organizar e planificar. |
| B13 | Toma de decisións. |
| C1 | Expresarse correctamente, tanto de forma oral coma escrita, nas linguas oficiais da comunidade autónoma. |
| C3 | Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida. |
| C4 | Desenvolverse para o exercicio dunha cidadanía aberta, culta, crítica, comprometida, democrática e solidaria, capaz de analizar a realidade, diagnosticar problemas, formular e implantar solucións baseadas no coñecemento e orientadas ao ben común. |
| C6 | Valorar criticamente o coñecemento, a tecnoloxía e a información dispoñible para resolver os problemas cos que deben enfrontarse. |
| C7 | Asumir como profesional e cidadán a importancia da aprendizaxe ao longo da vida. |
| C8 | Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade. |
| C9 | CB1.- Que os estudantes demostraran posuír e comprender coñecementos nunha área de estudo que parta da base da educación secundaria xeral, e sólese atopar a un nivel que, si ben se apoia en libros de texto avanzados, inclúe tamén algúns aspectos que implican coñecementos procedentes da vangarda dun campo de estudo. |
| C10 | CB2.- Que os estudantes saiban aplicar os seus coñecementos a seu traballo ou vocación de unha forma profesional y posúan as competencias que solen demostrarse por medio da elaboración e defensa de argumentos e a resolución de problemas dentro da súa área de estudo. |
| C11 | CB3.- Que os estudantes teñan a capacidade de reunir e interpretar datos relevantes (normalmente dentro da súa área de estudo) para emitir xuízos que inclúan una reflexión sobre temas relevantes de índole social, científica ou ética. |
| C12 | CB4.- Que os estudantes poidan transmitir información, ideas, problemas e solucións a un público tanto especializado como non especializado |

Learning outcomes



| Learning outcomes | Study programme competences | | |
|--|-----------------------------|-----|-----|
| | A1 | B1 | C3 |
| Understand the functions of the various organs and systems of the healthy body. | A2 | B8 | C9 |
| Understand the mechanisms of integration and interaction between the different organ systems | A1 | B1 | C1 |
| Identify the alterations of the different functions and the causes because they are produced | A1 | B1 | C1 |
| | A2 | B8 | C3 |
| | A11 | B12 | C4 |
| | | B13 | C6 |
| | | | C7 |
| | | | C8 |
| | | | C10 |
| | | | C11 |
| | | | C12 |

| Contents | |
|--------------------------------------|--|
| Topic | Sub-topic |
| Cell Physiology | <ul style="list-style-type: none"> - Volume and composition of cellular fluids - Cellular membrane - Transmembrane transport and action potential - Neuromuscular synaptic transmission - Smooth and skeletal muscle |
| TEMA II. Sistema Cardiocirculatorio. | <ul style="list-style-type: none"> - Circuito do sistema cardiovascular - Hemodinámica - Electrofisioloxía - Contracción do músculo cardíaco - Ciclo cardíaco - Presión arterial y retorno venoso - Microcirculación - Insuficiencia circulatoria - Patoloxía das válvulas - Arritmias cardíacas - Isquemia miocárdica - Patoloxía do pericardio - Patoloxía da presión arterial - Patoloxía vascular periférica |
| TEMA III. Sistema Respiratorio | <ul style="list-style-type: none"> - Estructura do sistema respiratorio - Volúmenes e capacidades pulmonares - Mecánica da respiración - Intercambio de gases e transporte de oxíxeno e CO2 - Relacións ventilación perfusión - Control da respiración - Insuficiencia respiratoria - Patoloxía do parénquima pulmonar - Patoloxía da pleura e do mediastino - Patoloxía da circulación pulmonar |



| | |
|------------------------------|--|
| Nefrourologic System | <ul style="list-style-type: none"> - Body liquids - Renal blood flow - Glomerular filtration - Reabsorption and secretion - Ions and electrolytes balance - Urinary regulation |
| Gastrointestinal System | <ul style="list-style-type: none"> - Gastrointestinal system structure - Innervation and gastrointestinal peptides - Gastrointestinal movements - Secretion - Digestión and absorption - Liver Physiology |
| TEMA VI. Sistema Reproductor | <ul style="list-style-type: none"> - Diferenciación sexual. - Pubertad. - Fisioloxía reproductiva masculina. - Fisioloxía reproductiva feminina. O parto. - Fecundación in vitro. - Patoloxía do Parto. |
| Hematopoyetic System | <ul style="list-style-type: none"> - Erythrocytes. Blood groups. - Leukocytes and immune system. - Hemostasis and blood coagulation. |
| Endocrine System | <ul style="list-style-type: none"> - Hormonal secretion regulation - Hypothalamic-pituitary relations - Pituitary - Thyroid - Adrenal cortex and medulla - Endocrine Pancreas - Calcium-phosphorus metabolism |
| Nervous System | <ul style="list-style-type: none"> - Organization of nervous system - Sensorial systems: sight, hearing, smell and taste - Somatosensory system - Superior funtions of CNS - Cerebrospinal fluid |

| Planning | | | | |
|---------------------------------|--|----------------------|-------------------------------|-------------|
| Methodologies / tests | Competencies | Ordinary class hours | Student?s personal work hours | Total hours |
| Problem solving | A1 A2 A11 B1 B8 B12 B13 C1 C3 C4 C6 C7 C8 C9 C10 C11 C12 | 60 | 0 | 60 |
| Case study | A1 A2 A11 B13 B8 C1 C3 C4 C6 C7 | 30 | 30 | 60 |
| Supervised projects | A1 A2 A11 B1 B8 B12 C1 C3 C6 C7 | 0 | 60 | 60 |
| Oral presentation | A1 A2 A11 B8 B12 C1 C3 | 30 | 30 | 60 |
| Laboratory practice | A1 A2 A11 | 2 | 2 | 4 |
| Mixed objective/subjective test | A1 A2 A11 | 2 | 50 | 52 |
| Personalized attention | | 4 | 0 | 4 |



(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| Methodologies | |
|---------------------------------|--|
| Methodologies | Description |
| Problem solving | In this activity the teacher presents orally a problem and some learning objectives within the framework of the fundamental objectives of the subject. |
| Case study | Case studies, usually in groups, using two types of activity: - Learning based on problem solving - Collaborative work |
| Supervised projects | In this activity students improve their knowledge based on troubleshooting |
| Oral presentation | Activity in which students present oral contents / results of the objectives of problem solving and its opportunity is discussed. |
| Laboratory practice | Activity in an animal model in order to see "in vivo" the learned phenomena in the theoretical presentations |
| Mixed objective/subjective test | Written test with short question and / or multiple choice test, and a practical case to evaluate the acquired knowledge. |

| Personalized attention | |
|------------------------|--|
| Methodologies | Description |
| Supervised projects | The personal attention related to the supervised works aims to guide students in the realization of this kind of works. This could be done individually or in small groups, either in person or via email. |

| Assessment | | | |
|---------------------------------|---------------------------------|---|---------------|
| Methodologies | Competencies | Description | Qualification |
| Oral presentation | A1 A2 A11 B8 B12 C1 C3 | The test consists of the presentation of the results of the supervised projects or the study cases. The score out will be a minimum of 0 and a maximum of 10. The minimum passing score for the test is 5. The average rating is added to the end of the examination provided that the test is passed. | 10 |
| Case study | A1 A2 A11 B13 B8 C1 C3 C4 C6 C7 | Case studies presented in class through discussion and setting learning objectives will be held in small groups. | 20 |
| Mixed objective/subjective test | A1 A2 A11 | The test will consist of short questions and / or multiple choice questions, related to the theoretical content, readings, case studies and supervised work. The test score out will be between 0 and 10. The minimum passing score for the test is 5. In the second and subsequent calls the value of the test represent 100% of the course grade. | 60 |
| Supervised projects | A1 A2 A11 B1 B8 B12 C1 C3 C6 C7 | The evaluation of the work will based on the following topics: . Description and synthesis of the information. . Using specific lexicon. It will count as a minimum of 0 and a maximum of 10. The minimum score to pass the test will be 5. The average rating is added to the exam as long as the test is passed. | 10 |

| Assessment comments |
|--|
| Nos estudantes con matrícula parcial o valor da proba mixta representará o 100% da nota. |

| Sources of information |
|------------------------|
|------------------------|



| | |
|----------------------|---|
| Basic | <ul style="list-style-type: none">- GUYTON H. (2007). Tratado de Fisiología Médica. . Elsevier- COSTANZO L (2011). Fisiología . Elsevier- MEZQUITA (2011). Fisiología Médica. Panamericana- MULRONEY S (2011). Fundamentos de Fisiología. Elsevier- JAVIER LASO (2011). Introducción a la Medicina Clínica. Elsevier Masson- HARRISON (2009). Principios de Medicina Interna. Mc Graw Hill |
| Complementary | |

Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Anatomía/661G01001

Biología/661G01002

Subjects that continue the syllabus

Nutrición/661G01009

Enfermería Clínica (I y II)/661G01012

Enfermería Comunitaria I/661G01014

Enfermería clínica III/661G01017

Enfermería Comunitaria II/661G01019

Enfermería Clínica I/661G01034

Enfermería Clínica II/661G01035

Other comments

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.