



Teaching Guide				
Identifying Data				2015/16
Subject (*)	Enfermería Clínica I	Code	750G01034	
Study programme	Grao en Enfermería			
Descriptors				
Cycle	Period	Year	Type	Credits
Graduate	1st four-month period	Second	Obligatoria	6
Language	SpanishGalicianEnglish			
Teaching method	Face-to-face			
Prerequisites				
Department	Ciencias da Saúde			
Coordinador	Novo Casal, María del Carmen	E-mail	carmen.novo@udc.es	
Lecturers	Novo Casal, María del Carmen	E-mail	carmen.novo@udc.es	
Web				
General description				

Study programme competences	
Code	Study programme competences
A34	Coñecer as alteracións de saúde do adulto, identificando as manifestacións que aparecen nas distintas fases.
A35	Identificar as necesidades de coidado derivadas dos problemas de saúde.
A36	Analizar os datos recollidos na valoración, priorizar os problemas do paciente adulto, establecer e executar o plan de coidados e realizar a súa avaliación.
A37	Realizar as técnicas e procedementos de coidados de enfermaría, establecendo unha relación terapéutica cos enfermos e familiares.
A38	Seleccionar as intervencións encamiñadas a tratar ou previr os problemas derivados das desviacións de saúde.
A39	Ter unha actitude cooperativa cos diferentes membros do equipo.
B1	Aprender a aprender.
B2	Resolver problemas de forma efectiva.
B3	Aplicar un pensamento crítico, lóxico e creativo.
B4	Traballar de forma autónoma con iniciativa.
B5	Traballar de forma colaborativa nun equipo interdisciplinar.
B6	Comportarse con ética e responsabilidade social como cidadán e como profesional.
B7	Comunicarse de maneira efectiva en un entorno de traballo.
B8	Capacidade de análise e sínteses.
B9	Capacidade de aplicar os coñecementos na práctica.
B11	Capacidade e habilidade de xestión da información.
B12	Capacidade para organizar e planificar.
B13	Toma de decisións.
B15	Capacidade para comunicarse con persoas non expertas na materia.
B16	Coñecer e apreciar a diversidade e a multiculturalidade.
B19	Coñecementos de informática relativos ao ambiente de estudio.
B24	Fomentar e aplicar os dereitos fundamentais e a igualdade entre homes e mulleres.
C1	Expresarse correctamente, tanto de forma oral coma escrita, nas linguas oficiais da comunidade autónoma.
C3	Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida.
C4	Desenvolverse para o exercicio dunha cidadanía aberta, culta, crítica, comprometida, democrática e solidaria, capaz de analizar a realidade, diagnosticar problemas, formular e implantar solucións baseadas no coñecemento e orientadas ao ben común.
C6	Valorar criticamente o coñecemento, a tecnoloxía e a información dispoñible para resolver os problemas cos que deben enfrontarse.
C7	Asumir como profesional e cidadán a importancia da aprendizaxe ao longo da vida.
C8	Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade.



C10	CB2 Que os estudantes saiban aplicar os seus coñecementos a seu traballo ou vocación de unha forma profesional y posúan as competencias que solen demostrarse por medio da elaboración e defensa de argumentos e a resolución de problemas dentro da súa área de estudo.
C11	CB3 Que os estudantes teñan a capacidade de reunir e interpretar datos relevantes (normalmente dentro da súa área de estudo) para emitir xuízos que inclúan una reflexión sobre temas relevantes de índole social, científica ou ética.
C12	CB4 Que os estudantes poidan transmitir información, ideas, problemas e solucións a un público tanto especializado como non especializado

Learning outcomes

Learning outcomes	Study programme competences		
Identify changes in the health of the adult person : Factors influencing, pathophysiological mechanisms , manifestations, diagnostic methods, specific medical and surgical treatments.	A34	B1	C1
	A35	B2	C3
	A36	B3	C4
	A37	B4	C6
	A38	B5	C7
	A39	B6	C8
		B7	C10
		B8	C11
		B9	C12
		B11	
		B12	
		B13	
		B15	
	B16		
	B19		
	B24		
Identify the needs of care in adults with health problems resulting from treatments, diagnostic tests and therapeutic procedures.	A34	B1	C1
	A35	B2	C3
	A36	B3	C4
	A37	B4	C6
	A38	B5	C7
	A39	B6	C8
		B7	C10
		B8	C11
		B9	C12
		B11	
		B12	
		B13	
		B15	
	B16		
	B19		
	B24		



Identify nursing diagnoses and potential complications in adults with health problems and those arising from treatments, diagnostic tests and therapeutic procedures.	A34	B1	C1
	A35	B2	C3
	A36	B3	C4
	A37	B4	C6
	A38	B5	C7
	A39	B6	C8
		B7	C10
		B8	C11
		B9	C12
		B11	
		B12	
		B13	
		B15	
		B16	
	B19		
	B24		
Nursing care plan for adults with health problems and those arising from treatments, diagnostic tests and therapeutic procedures.	A34	B1	C1
	A35	B2	C3
	A36	B3	C4
	A37	B4	C6
	A38	B5	C8
	A39	B6	C10
		B7	C11
		B8	C12
		B9	
		B11	
		B12	
		B13	
		B15	
		B16	
	B19		
	B24		

Contents	
Topic	Sub-topic
Learning Unit I: GENERAL CLINICS . - Conceptual basis of clinical nursing. - Taxonomy diagnostics, NANDA NIC and NOC . - The Nurse Dossier - The inflammatory and infectious processes . - Electrolyte disturbances is acid - base. - Care of wounds and soft tissue. - Nursing care the people with pain . - Nursing care to people with hemorrhagic syndrome	- Care of the medical- surgical patients : issues and trends. - How to Apply Process Nursing Care Clinic nurses. - How to make a hypothesis diagnosed nurse. - The dossier nurse. - Isolation Hospital . - Aterials and venous blood gas Interpretations. - Types of treatments for pain . - Care for people with disorders of tissues and wounds . - Care for people with disorders or disorders of the pathologies with hemorrhagic syndrome : aspects and trends.
Learning unit II: nursing care Persons under surgery	- Care Persons under surgery : issues and trends.
Learning unit III: Attention of Nursing the people subjected the surgical intervention	Nursing care for people with impaired respiratory function.
Learning Unit IV : nursing care for people with impaired vascular function.	- Nursing care to people with impaired vascular function dela , issues and trends .



Learning Unit V : Nursing care for people with impaired renal and urinary . - Nursing care to people with impaired renal and urinary function : issues and trends.

Planning				
Methodologies / tests	Competencies	Ordinary class hours	Student?s personal work hours	Total hours
Guest lecture / keynote speech	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	17	20	37
Case study	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	15	50	65
Supervised projects	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	6	12	18
Mixed objective/subjective test	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	1	20	21
Workbook	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	1	6	7
Personalized attention		2	0	2

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
Methodologies	Description



Guest lecture / keynote speech	<p>Oral exhibition supplemented with the use of audiovisual means and the introduction of any questions directed to the students, with the aim to transmit knowledges and facilitate the learning.</p> <p>The kind magistral is also known how &amp;quot;conference&amp;quot;, &amp;quot;expositive method&amp;quot; or &amp;quot;Masterclass&amp;quot;.</p> <p>This last modality sound to reserve it a special type of lesson imparted by a professor in special occasions, with a contained that supposes an original manufacture and based in the almost exclusive use of the word how road of transmission of the information to the audience.</p>
Case study	<p>Methodology, by means of the Collaborative Work , where the subject confronts in front of the description of a specific situation that rises a problem that has to be comprised, valued and resolved by a group of people, through one process of discussion.</p> <p>The student situates in front of a concrete problem (case), that describes him a real situation of the professional life, and owes to be able to analyze a series of facts, referents it a particular field of the knowledge or of the action, to arrive the a decision reasoned through one process of discussion in small groups of work.</p> <ul style="list-style-type: none"> <li>- The groups estaran compounds of 5 to 7 students.</li> <li>- The realizacion of this activity and mandatory and computes a 20%.</li> </ul>
Supervised projects	<p>Methodology, by means of the Collaborative Work, designed to promote the autonomous learning of the students, low the guardianship of the professor and in escenario varied (academics and professionals). It is referred prioritariamente to the learning of the &amp;quot;Like doing the things&amp;quot;. It constitutes an option based in the asunción put students of the responsibility by the his propio learning.</p> <p>This system of teaching bases in two basic elements: the independent learning of the students and the tracking of this learning put professor-titor.</p> <ul style="list-style-type: none"> <li>- Poderan Be individual works or in group.</li> <li>- The groups estaran compounds by 5 to 7 students.</li> <li>- The sua realization and mandatory and computes 20%</li> </ul>
Mixed objective/subjective test	<p>Proof that integrates questions type open objective proofs of brief half answer.</p> <p>The avaliacion of this proof computes a 60%.</p>
Workbook	<p>They are a group of texts and documentation writing that collected and edited how source of deepening in the contained worked.</p>

**Personalized attention**

Methodologies	Description
Case study Supervised projects	<p>The atencion personalised realised to each group of 5 to 7 students that elaborate the work tutelado or the estuio of cases to do a follow-up next track of the work that are developing and the evolucion of the groups by means of collaborative work</p>

**Assessment**

Methodologies	Competencies	Description	Qualification
Case study	<p>A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12</p>	<p>It Will evaluate:</p> <ul style="list-style-type: none"> <li>- The utilization of the P.A.E.</li> <li>- The utilization of a Taxonomia Nurse, NANDA, NIC And NOC.</li> <li>- The utilization of a Model Nurse.</li> <li>- The collected of the Bibliographic Searches.</li> <li>- The participation of each of the members of the instruments in the resolution and discussion of the problems or situaciones posed by means of one Collaborative Work.</li> <li>- Undertake comprehensive evaluations, takes of decisions clinical and systematic using the tools and suitable frames stop the patient his family, taking into account the physical factors, social, cultural, psychological, spiritual and most relevant environmental.</li> </ul>	20



Supervised projects	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B7 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	The essential criteria stop the realization of the works are: - The utilization of the P.A.E. - Of a taxonomia nurse, NANDA, NIC And NOC. - The utilization of a Model Nurse. - The collected of Bibliographic searches. - The adecuación of the knowledges, of the bases nurses and of Pathophysiology applied to the works, by means of one Collabotative Work.	20
Mixed objective/subjective test	A34 A35 A36 A37 A38 A39 A60 B1 B2 B3 B4 B5 B6 B8 B9 B11 B12 B13 B15 B16 B19 B24 C1 C3 C4 C6 C7 C8 C10 C11 C12	This proof consisted of a total of 5 questions of short answer or type test on ace resolutions of clinical cases, in which it will evaluate to utilisation do P.To.And., of a model nurse and of a taxonomy nurse, coa Taxonomy NANDA, with the NIC and NOC. - Sera Eliminatory and will not do average the Clinical Infirmary I with the Clinical infirmary II and neither will do average with any another proof, already are the works tutelados like the studies of cases. - If the student did not present to this Proof in the Record aparecera NO PRESENTED, reservandose the alone percentages until the Extraordinary announcement of Julio, in back announcements the NO PRESENTED corresponds to present only to the Mixed Proof. - Each question of the proof will mark between 0,5 points until 2 points or to fraction, depending on the questions. Or system of qualification and to following: 0-4.9 Suspense 5-6.9 Approved 7-8.9 Remarkable. 9-9.5 Excellent. 9.6-10 it Enrols of Honour. For the Class Honours should reach 9.6 - 10 Endnote, ie the sum of the porecentajes of the Joint Test, case studies and tutored projects.	60

### Assessment comments

Both Case Studies as tutored projects, have final review because they are subject to continuous assessment in the quarters with the corresponding groups. Only after the test has mixed review exam. The final grade is the result of the percentages of the study cases, protected works and the mixed test.

- Information for repeaters students, Early Opportunity (Extraordianria December) of second and subsequent enrollment: In these calls will not be reserved the percentage of the protected work or case study, so the mark achieved in Test Mixed is what appears as the final evaluation.- Information for students with Partial Tuition: should inform the start of the particular course of tuition in order to enable adaptation to the groups and the development of his work in them and to establish with the teacher what kind of work pan out with teams along the course, not be exempt from both group work Case studies as the tutored projects and inequalities do not open with the rest of the students.

### Sources of information



<p><b>Basic</b></p>	<ul style="list-style-type: none"> <li>- Doughty, Dorothy (2005). Trastornos gastrointestinales. Doyma</li> <li>- Canobbio, M. (2003). trastornos cardio-vasculares. Doyma</li> <li>- Holloway, Nancy (2000). Planes de cuidados de Enfermería Medico-quirurgica. Doyma</li> <li>- Wilson, Susan; Thomson, June (2003). Trastornos respiratorios. Doyma</li> <li>- De Wit, Susan (2000). Fundamentos de Enfermería Médico-quirurgica. Harcourt</li> <li>- Carpenito, L.J. (2005). Manual de Diagnosticos de Enfermería. McGraw-Hill- Interamericana</li> <li>- NANDA, Diagnosticos enfermeros (2009/2011). NANDA. Definiciones y Calsificación. Harcourt</li> <li>- Gordon, M. (2009). Diagnostico enfermero. Proceso y clasificación. Harcourt</li> <li>- Luis, M.T. (2009). Diagnosticos enfermeros. Un instrumento para la practica asistencial. Harcourt</li> <li>- Potter, P.A. (2009). Fundamentos de enfermería. Teoria y Practica. Harcourt</li> <li>- Astudillo, W.; Mendinueta, C. (1997). Cuidado enfermero en fase terminal y su familia. EUNSA</li> <li>- Thomas, L.V. (1983). Antropologia de la muerte. Fondo de cultura economica. Mexico</li> <li>- Espejo Arias, M.D. (2000). Cuidados Paliativos. Paradigma</li> <li>- Juve, E. (1996). Enfermería Onco-hematologica. Masson</li> <li>- Klüber Ross (1987). Sobre la muerte y los moribundos. Grijalbo</li> <li>- Mcuan, B. (1997). Paciente Terminal y muerte. Doyma</li> <li>- Ackley, B.J.; Ladwig, G.B. (2009). Manual de Diagnosticos de enfermería. ELSEVIER-DOYMA.</li> <li>- Moorhead,S.;Johnson, M.; Maas,M.L.; Swanson,E. (2009). Clasificación de resultados (NOC). ELSEVIER-DOYMA.</li> <li>- Bulecheck, G.M.; Butcher, H.K.; McCloskev (2009). Calsificación de intervenciones (NIC). ELSEVIER-DOYMA</li> </ul>
<p><b>Complementary</b></p>	

### Recommendations

#### Subjects that it is recommended to have taken before

- Anatomía/750G01001
- Biología/750G01002
- Fundamentos da Enfermería/750G01007
- Bases para a interpretación do coñecemento científico/750G01008
- Fisiología/750G01105

#### Subjects that are recommended to be taken simultaneously

- Farmacología/750G01011
- Ética profesional, marco legal e filosofía do coidado/750G01016

#### Subjects that continue the syllabus

- Enfermería Clínica II/750G01035

#### Other comments

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.