



## Teaching Guide

Identifying Data					2018/19
Subject (*)	Therapeutic Communication Skills		Code	652G04043	
Study programme	Grao en Logopedia				
Descriptors					
Cycle	Period	Year	Type	Credits	
Graduate	1st four-month period	Fourth	Optional	4.5	
Language	English				
Teaching method	Face-to-face				
Prerequisites					
Department	Psicoloxía				
Coordinador	García De la Torre, Maria del Pilar	E-mail	pilar.gdelatorre@udc.es		
Lecturers	García De la Torre, Maria del Pilar Garcia Fernandez, Jorge Otero Otero, Patricia	E-mail	pilar.gdelatorre@udc.es jorge.garcia.fernandez@udc.es patricia.otero.otero@udc.es		
Web					
General description					

## Study programme competences

Code	Study programme competences
A31	Adquirir o desenvolvemento os recursos persoais para a intervención: habilidades sociais e comunicativas, habilidades profesionais, avaliación da propia actuación profesional, técnicas de observación, técnicas de dinamización ou toma de decisións.
B8	Capacidade de observar e de escoitar de forma activa.
B10	Capacidade para motivarse e procurar a calidade na actuación profesional.
B12	Comunicarse de maneira efectiva nun contorno de traballo.
B14	Destreza e empatía nas relacións interpersoais.

## Learning outcomes

Learning outcomes	Study programme competences
B8 Capacidad de observar y de escuchar de forma activa.	B8
B10 Capacidad para motivarse y procurar la calidad en la actuación profesional.	B10
A31 Adquirir o desenvolver los recursos personales para la intervención: habilidades sociales y comunicativas, habilidades profesionales, evaluación de la propia actuación profesional, técnicas de observación, técnicas de dinamización o toma de decisiones.	A31
B12 Comunicarse de manera efectiva en un entorno de trabajo.	B12
B14 Destreza y empatía en las relaciones interpersonales.	B14

## Contents

Topic	Sub-topic
1.- Therapeutic Communication	Objectives, purpose, justification. Therapeutic adherence.
2.- Communication styles. Therapeutic relationship.	Styles of help in professional communication. Professional relationship and professional role. Empathy
3.- Basic elements of communication.	Verbal and non-verbal elements of active listening. Types of questions, suggestions.... Reinforcement of interaction
4. Therapeutic interview.	Structure, phases and models
5.- Training on basic communication skills.	Individual and group practice of the elements of theme 3 and 4.



## Planning

Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Workshop	B8 B10	25	23.5	48.5
Guest lecture / keynote speech	A31	12	24	36
Supervised projects	B12 B14	9	9	18
Personalized attention		10	0	10

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

## Methodologies

Methodologies	Description
Workshop	Se trata de abaliar...
Guest lecture / keynote speech	Se expoñen contidos...
Supervised projects	Os alumnos seleccionan un traballo acerca da observación e execución ...

## Personalized attention

Methodologies	Description
Supervised projects Workshop	In the interactive and practical activities the students in a small group will be able to consult in the classroom directly with the teacher the proposed activities. The supervised works will have the supervision of the teacher during their realization, either by telematic means (e-mail, moodle) or directly during tutoring hours.

## Assessment

Methodologies	Competencies / Results	Description	Qualification
Supervised projects	B12 B14	The student must record a role playing of a therapeutic interview and must present it on a video format.	60
Guest lecture / keynote speech	A31	A test will be used for the assessment of the contents.	30
Workshop	B8 B10	Communication skills will be assessed by role playing techniques and analysis of video recordings or films.	10

## Assessment comments

Students who attend a minimum of 80% of classes, may not attend the written test. In this case, the videon will receive 90% of the total qualification. The only causes that justify the absence to class are those that appear in art. 12 of the Rules of Evaluation, review and claim of qualifications of the udc.

## Sources of information



<b>Basic</b>	<ul style="list-style-type: none"><li>- Roji, M. B. (1991). La Entrevista terapéutica comunicación e interacción en psicoterapia. Madrid, UNED</li><li>- Watzlawick, P. (2007). El lenguaje del cambio : nueva técnica de la comunicación terapéutica / Paul Watzlawick. [Recurso electrónico].</li><li>- Rico, M. (2017). Habilidades de comunicación para profesionales/. Fragua Comunicación.</li><li>- Lucía, B. (2008). Habilidades de comunicación : programa de entrenamiento. Madrid, UAM</li><li>- Díaz Cano, A. I. (2013). Avances en comunicación terapéutica en los cuidados de enfermería. Pontevedra, Grupo E. G. S.</li><li>- Molinuevo Alonso, Beatriz (2011). La comunicación no verbal en la relación médico-paciente. Barcelona, Editorial Aresta</li><li>- Wachtel, Paul L. y Maiz Olabarri, Olga (2013). La comunicación terapéutica : principios y práctica eficaz. Desclée De Brouwer</li><li>- Watzlawick, P. (2015). El lenguaje del cambio : técnica de comunicación terapéutica. Herder</li></ul>
<b>Complementary</b>	

## Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Subjects that continue the syllabus

Other comments

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.