



## Teaching Guide

| Teaching Guide           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |          |           |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|----------|-----------|
| Identifying Data         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        | 2020/21  |           |
| Subject (*)              | Research and Innovation in Physical Education and corporal expression                                                                                                                                                                                                                                                                                                                                                                                             | Code   |          | 652513214 |
| Study programme          | Mestrado Universitario en Didácticas Específicas                                                                                                                                                                                                                                                                                                                                                                                                                  |        |          |           |
| Descriptors              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |          |           |
| Cycle                    | Period                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Year   | Type     | Credits   |
| Official Master's Degree | 2nd four-month period                                                                                                                                                                                                                                                                                                                                                                                                                                             | First  | Optional | 3         |
| Language                 | SpanishGalician                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |          |           |
| Teaching method          | Face-to-face                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |          |           |
| Prerequisites            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |          |           |
| Department               | Didácticas Específicas e Métodos de Investigación e Diagnóstico en Educación                                                                                                                                                                                                                                                                                                                                                                                      |        |          |           |
| Coordinador              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | E-mail |          |           |
| Lecturers                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | E-mail |          |           |
| Web                      | www.udc.gal/dides/persoal/profesoradode/Victor/                                                                                                                                                                                                                                                                                                                                                                                                                   |        |          |           |
| General description      | A través de esta materia el/la alumno/a aprenderá las bases de la investigación en el ámbito de la expresión corporal y la Educación Física. Conocerá diferentes proyectos que se realizan en este ámbito y sus elementos configuradores, mejorará su potencial humano para adentrarse en la innovación y adquirirá un saber crítico sobre artículos de investigación publicados en el ámbito de la expresión corporal, la Educación Física y la psicomotricidad. |        |          |           |
| Contingency plan         | 1. Modifications to the contents<br><br>2. Methodologies<br>*Teaching methodologies that are maintained<br><br>*Teaching methodologies that are modified<br><br>3. Mechanisms for personalized attention to students<br><br>4. Modifications in the evaluation<br><br>*Evaluation observations:<br><br>5. Modifications to the bibliography or webgraphy                                                                                                          |        |          |           |

## Study programme competences

| Code | Study programme competences                                                                                                                       |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| A1   | To know the theoretical basis of interdisciplinary work and identify its centre of interest in school and non-school contexts.                    |
| A2   | To identify and critically analyse interdisciplinary proposals in the educational world.                                                          |
| A5   | To acquire a methodological training to carry out educational research.                                                                           |
| A7   | - To be able to apply theoretical knowledge related to Specific Didactics, both in research as in innovation and evaluation.                      |
| A8   | To be able to defend and argue in oral and written ways the completed investigation and/or innovation work, using audio-visual aids.              |
| A10  | To know the theoretical basis which sustain research and innovation in the field of Specific Didactics.                                           |
| A11  | To know and understand scientific language and use it correctly in different ways of expression and communication.                                |
| A12  | To identify the main research and innovation lines and their evolution in the area of Specific Didactics.                                         |
| A13  | To analyse and critically assess research work and innovation projects in specific disciplinary fields.                                           |
| A14  | To know the different types of methodologies used in educational research considering its appropriateness for problem-solving.                    |
| A15  | To identify quality and control criteria both in research and in the teaching practice, encouraging a critical, reflective and innovative spirit. |
| A16  | To design, justify and evaluate research and innovation projects in the field of Specific Didactics.                                              |



|     |                                                                                                                                                                                             |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B1  | To have and understand general knowledge to establish foundations and /or opportunities to stand out in the development and implementation of ideas, mainly in an action- research context. |
| B2  | To be able to apply the acquired foundations and their problem-solving capabilities in new multidisciplinary contexts related to the specific research areas.                               |
| B4  | To be able to transfer and communicate their conclusions and opinions in a clear and straight manner both in a specialized and a non-specialized audience.                                  |
| B5  | To have the required learning abilities to continue in a life-long-learning and autonomous process.                                                                                         |
| B7  | To be able to adapt to new situations.                                                                                                                                                      |
| B8  | To work with initiative and in an autonomous way.                                                                                                                                           |
| B9  | To work in a collaborative way.                                                                                                                                                             |
| B11 | To be able to innovate (creativity) within educational and non-educational contexts.                                                                                                        |
| B13 | To be able to communicate with their peers, educational community and with society in general in the field of their areas of knowledge.                                                     |
| B15 | To be able to update knowledge, methodologies and strategies in their teaching practices                                                                                                    |
| C5  | To understand the importance of the entrepreneurship culture and the available means for entrepreneurs.                                                                                     |
| C6  | To critically value available knowledge, technology and information to solve problems which students must face.                                                                             |
| C7  | To assume as a professional and as a citizen the importance of life-long-learning.                                                                                                          |
| C8  | To value the importance that research, innovation and technical developments have on society's socio-economical and cultural progress.                                                      |

| Learning outcomes                                                                                                                                             |      |                             |     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------|-----|
| Learning outcomes                                                                                                                                             |      | Study programme competences |     |
| Conocer y analizar críticamente propuestas de investigación e innovación en el área de Educación Física.                                                      | AJ1  | BJ1                         |     |
|                                                                                                                                                               | AJ2  | BJ2                         |     |
|                                                                                                                                                               | AJ5  | BJ7                         |     |
|                                                                                                                                                               | AJ7  | BJ8                         |     |
|                                                                                                                                                               | AJ10 |                             |     |
|                                                                                                                                                               | AJ11 |                             |     |
| Ser capaz de diseñar proyectos de investigación educativa enfocados al ámbito de la Educación Física.                                                         |      | BJ1                         | CJ5 |
|                                                                                                                                                               |      | BJ9                         | CJ6 |
|                                                                                                                                                               |      | BJ13                        |     |
|                                                                                                                                                               |      | BJ15                        |     |
| Diseñar, justificar, organizar y evaluar propuestas para la transformación y la innovación en el ámbito de la Educación Física.                               | AJ8  | BJ11                        | CJ6 |
|                                                                                                                                                               | AJ12 | BJ13                        | CJ8 |
|                                                                                                                                                               | AJ15 | BJ15                        |     |
|                                                                                                                                                               | AJ16 |                             |     |
| Valorar la importancia de la investigación y la innovación como estrategias para mejorar la calidad educativa en el área de Educación Física.                 |      |                             | CJ6 |
|                                                                                                                                                               |      |                             | CJ7 |
|                                                                                                                                                               |      |                             | CJ8 |
|                                                                                                                                                               |      |                             |     |
| Desarrollar recursos comunicativos para transmitir ideas y proyectos docentes en Educación Física, utilizando si es necesario recursos tecnológicos de apoyo. | AJ1  | BJ2                         | CJ7 |
|                                                                                                                                                               | AJ2  | BJ4                         |     |
|                                                                                                                                                               | AJ11 | BJ5                         |     |
|                                                                                                                                                               | AJ13 |                             |     |
|                                                                                                                                                               | AJ14 |                             |     |

| Contents                               |                                                                                                                                                                                                                                             |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Topic                                  | Sub-topic                                                                                                                                                                                                                                   |
| Investigación en Educación Física (EF) | <ul style="list-style-type: none"> <li>- Líneas de investigación en EF</li> <li>- Problemas y limitaciones de la investigación en EF.</li> <li>- Investigación-acción.</li> <li>- Investigación en EF: recursos para la búsqueda</li> </ul> |



|                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Innovación en Educación Física                              | <ul style="list-style-type: none"> <li>- Aspectos de interés de la innovación en EF.</li> <li>- Referencias para clasificar iniciativas de innovación en EF.</li> <li>- Recursos para la búsqueda de la innovación y mejora del capital humano.</li> </ul>                                                                                                                                                                                                                                                                                                                                            |
| Proyectos de innovación e investigación en Educación Física | <ul style="list-style-type: none"> <li>- Diseño y justificación de proyectos deportivos, innovación, educativos y recreativos y análisis de cada una de sus partes.</li> <li>- Tipos y clasificaciones de los proyectos en función de diversas variables.</li> <li>- Manejo y gestión de los elementos configuradores de un proyecto.</li> <li>- Estrategias para la mejora de la visibilidad de un evento deportivo, recreativo y/o educativo. Medios de promoción. Uso de redes sociales. Campaña de marketing.</li> <li>- Evaluación de proyectos. Encuestas de satisfacción de usuario</li> </ul> |

| Planning                                                                                                                        |                    |                      |                               |             |
|---------------------------------------------------------------------------------------------------------------------------------|--------------------|----------------------|-------------------------------|-------------|
| Methodologies / tests                                                                                                           | Competencies       | Ordinary class hours | Student?s personal work hours | Total hours |
| Document analysis                                                                                                               | A2 A15 B9 C6       | 4                    | 16                            | 20          |
| Directed discussion                                                                                                             | B2 C5 C7           | 1                    | 2                             | 3           |
| Glossary                                                                                                                        | A7 B15             | 1                    | 2                             | 3           |
| Online forum                                                                                                                    | A8 A11 B7          | 1                    | 4                             | 5           |
| Physical exercise                                                                                                               | B4 B5 B11 B13      | 2                    | 10                            | 12          |
| ICT practicals                                                                                                                  | A7 B1              | 2                    | 6                             | 8           |
| Guest lecture / keynote speech                                                                                                  | A1 A5 A10 A12 A16  | 6                    | 0                             | 6           |
| Supervised projects                                                                                                             | A13 A15 B13 B15 C5 | 1                    | 2                             | 3           |
| Problem solving                                                                                                                 | A1 B8 B9 B13 C6    | 1                    | 3                             | 4           |
| Case study                                                                                                                      | A13 A14 B8 C8      | 2                    | 8                             | 10          |
| Personalized attention                                                                                                          |                    | 1                    | 0                             | 1           |
| (*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students. |                    |                      |                               |             |

| Methodologies                  |                                                                                                                                                                                                                                                                                                     |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Methodologies                  | Description                                                                                                                                                                                                                                                                                         |
| Document analysis              | Se analizarán diferentes artículos, valorando el pensamiento crítico del alumnado.                                                                                                                                                                                                                  |
| Directed discussion            | El docente y los alumnos crearán diferentes debates en el aula sobre temas vinculados a la innovación y a la investigación. En todo momento el debate será dirigido por el docente, mostrando argumentos a favor y en contra sobre lo debatido, para favorecer el pensamiento crítico del alumnado. |
| Glossary                       | Se establecerá un glosario de términos que se irá nutriendo a lo largo de la materia de las aportaciones terminológicas que incorporen los alumnos. El glosario estará ubicado en el entorno moodle.                                                                                                |
| Online forum                   | Se crearán debates y se incorporarán temas de actualidad que resulten de interés general y estén vinculados a la materia, en un foro habilitado en el moodle. Los alumnos podrán participar desde su casa vertiendo su opinión al respecto.                                                         |
| Physical exercise              | Se realizarán prácticas de educación física desde la innovación y la investigación.                                                                                                                                                                                                                 |
| ICT practicals                 | Se mostrarán algunas TIC útiles para los alumnos vinculadas a la investigación y a la innovación.                                                                                                                                                                                                   |
| Guest lecture / keynote speech | Existirán sesiones magistrales basadas en el discurso del docente, pero siempre contando con las intervenciones de los alumnos, existiendo una buena comunicación profesor-alumno, y creando un medio donde se favorezca la participación del alumnado.                                             |
| Supervised projects            | Los trabajos serán tutelados por el docente, a través de la asistencia a tutorías para comprobar la buena marcha del trabajo y proponer a los alumnos ideas de mejora.                                                                                                                              |
| Problem solving                | Se plantearán numerosos problemas a los alumnos intentando que entre ellos debatan y busquen la solución adecuada para resolverlo.                                                                                                                                                                  |
| Case study                     | Se presentarán casos de proyectos innovadores y de investigación, analizándolos críticamente, observando sus debilidades y puntos fuertes, y proponiendo aspectos de mejora para ese proyecto.                                                                                                      |



## Personalized attention

| Methodologies       | Description                                                                                                                                               |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Supervised projects | Los trabajos serán tutelados por el docente, los alumnos tras la elección del tema de su trabajo deberán acudir a tutorías para ver el enfoque del mismo. |

## Assessment

| Methodologies                  | Competencies       | Description                                                                                                                                                                                                                                                                 | Qualification |
|--------------------------------|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Glossary                       | A7 B15             | Un 10 % de la nota será la participación en el glosario y en el foro virtual. Los alumnos deberán introducir al menos 2 términos vinculados a la materia en el glosario y participar con dos entradas y un nuevo tema en el foro.                                           | 5             |
| Online forum                   | A8 A11 B7          | Un 10 % de la nota será la participación en el glosario y en el foro virtual. Los alumnos deberán introducir al menos 2 términos vinculados a la materia en el glosario y participar con dos entradas y un nuevo tema en el foro.                                           | 5             |
| Guest lecture / keynote speech | A1 A5 A10 A12 A16  | La asistencia a las clases teóricas y prácticas computarán para la evaluación, el alumno deberá asistir al menos al 80 % de las clases. Los alumnos que no asistan a este porcentaje verán mermada su nota, siendo inversamente proporcional al número de clases que falte. | 20            |
| Supervised projects            | A13 A15 B13 B15 C5 | Se realizará uno o dos trabajos por parejas. En los trabajos se valorará la innovación, la creatividad, la originalidad, la funcionalidad y la aplicabilidad. Ambos trabajos computarán con un máximo de 70 puntos.                                                         | 70            |

## Assessment comments

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## Sources of information

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| Basic | <ul style="list-style-type: none"> <li>- López Pastor, V.M.; Gea Fernandez, J.M. (2009). Innovación, discurso y racionalidad en Educación Física. Revisión y Prospectiva. Revista Internacional de Medicina y Ciencias de la Actividad Física y el Deporte</li> <li>- Quay, J. ; Peters, J. (2012). Creative Physical Education: Integrating Curriculum Through Innovative PE Projects. Human Kinetics</li> <li>- González, C.; Lleixa, T. (coords) (2010). Educación Física, investigación, innovación y buenas prácticas. Barcelona: Inde</li> <li>- Pérez, A.I. (Coord) (2010). Aprender a enseñar en la práctica: prácticas educativas y procesos de innovación y mejora en la educación secundaria. Graó: Barcelona</li> <li>- Contreras, J.; García López, L.M. (2010). Didáctica de la Educación física. Enseñanza de los contenidos desde el constructivismo.. Síntesis: Madrid</li> <li>- Díaz Barahona, José (2015). <a href="https://www.youtube.com/watch?v=jF22KImUmH8">https://www.youtube.com/watch?v=jF22KImUmH8</a>.</li> <li>- Video tutorial sketchup (2015). <a href="https://www.youtube.com/watch?v=Eilu1k-7Ff8">https://www.youtube.com/watch?v=Eilu1k-7Ff8</a>.</li> <li>- Video hotpotatoes (2015). <a href="https://www.youtube.com/watch?v=RdD-qM5lYrY">https://www.youtube.com/watch?v=RdD-qM5lYrY</a>.</li> <li>- Video tutorial exelearing (2015). <a href="https://www.youtube.com/watch?v=qyuXrByafqc">https://www.youtube.com/watch?v=qyuXrByafqc</a>.</li> </ul> <p>Listado de Revistas Técnico Científicas vinculadas al Deporte y la Educación Física. Gestión del deporte</p> <p>TÍTULO IDIOMA URL Podium Sport, Leisure and Tourism</p> <p>Review Portugués <a href="http://www.podiumreview.org.br">http://www.podiumreview.org.br</a> Revista Intercontinental de Gestión Deportiva Portugués <a href="http://www.aigd.info/rigd#all">http://www.aigd.info/rigd#all</a> Derecho y Gestión del Deporte Español <a href="http://www.amdegged.es/">http://www.amdegged.es/</a> Ciencias del Deporte, Educación Física y Motricidad</p> <p>TÍTULO IDIOMA URL Sportis. Scientific Technical Journal of School Sport, Physical Education and Psychomotricity Español / Inglés <a href="http://www.sportis.es/revista/Retos">http://www.sportis.es/revista/Retos</a>. Nuevas tendencias en Educación Física, Deportes y Recreación Español <a href="http://www.retos.org/">http://www.retos.org/</a> Revista Internacional de Ciencias del Deporte Español <a href="http://www.cafyd.com/REVISTA/ojs/">http://www.cafyd.com/REVISTA/ojs/</a> Motricidad. European Journal of Human Movement Español <a href="http://revistamotricidad.es/">http://revistamotricidad.es/</a> Journal of Human Sport and Exercise Inglés <a href="http://www.jhse.ua.es/jhse/index">http://www.jhse.ua.es/jhse/index</a> Apunts. Educación Física y Deportes Español <a href="http://www.revista-apunts.com/es/Lectura">http://www.revista-apunts.com/es/Lectura</a> Educación Física y Deportes. Revista Digital Español <a href="http://www.efdeportes.com/Kronos">http://www.efdeportes.com/Kronos</a> Español <a href="http://www.revistakronos.com/kronos/Habilidad">http://www.revistakronos.com/kronos/Habilidad</a> Motriz Español <a href="http://www.colefandalucia.com/Journal">http://www.colefandalucia.com/Journal</a> of Sport and Health Research (JSHR) Español <a href="http://www.journalshr.com/">http://www.journalshr.com/</a> Revista Internacional de Deportes Colectivos Español <a href="http://asesdeco.com/">http://asesdeco.com/</a> Revista de Entrenamiento Deportivo Español <a href="http://revistaentrenamientodeportivo.com/">http://revistaentrenamientodeportivo.com/</a> Motricidade Portuguesa <a href="http://revistas.rcaap.pt/motricidade">http://revistas.rcaap.pt/motricidade</a> Journal of Human Kinetics Inglés <a href="http://www.johk.pl/">http://www.johk.pl/</a> Revista Portuguesa de Ciencias do Desporto Portugués <a href="http://www.fade.up.pt/rpcd/entrada">http://www.fade.up.pt/rpcd/entrada</a> PT.html Sportski Logos Bosnio <a href="http://www.nf.unmo.ba/sportski-logos.aspx">http://www.nf.unmo.ba/sportski-logos.aspx</a> Movimento Español /Portugués <a href="http://www.seer.ufrgs.br/Movimento">http://www.seer.ufrgs.br/Movimento</a> Educación Física</p> <p>TÍTULO IDIOMA URL Ágora para la Educación Física y el Deporte Español <a href="http://www5.uva.es/agora/index.php/about-joomla">http://www5.uva.es/agora/index.php/about-joomla</a> EmasF. Revista Digital de Educación Física Español <a href="http://emasf.webcindario.com/">http://emasf.webcindario.com/</a> Acción Motriz Español <a href="http://www.accionmotriz.com/revistas_ver.php?id=17">http://www.accionmotriz.com/revistas_ver.php?id=17</a> Arte y Movimiento Español <a href="http://revistaselectronicas.ujae.es/index.php/artymov">http://revistaselectronicas.ujae.es/index.php/artymov</a> TRANCES Español <a href="http://www.trances.es/">http://www.trances.es/</a> Apunts. Educación Física y Deportes Español <a href="http://www.revista-apunts.com/es/Gymnasium">http://www.revista-apunts.com/es/Gymnasium</a>. Revista de Educación Física, Deporte y Salud Portugués <a href="http://revistas.ulusofoa.pt/index.php/gymnasium/">http://revistas.ulusofoa.pt/index.php/gymnasium/</a> Revista Iberoamericana de Psicomotricidad y Técnicas Corporales Español <a href="http://psicomotricidadum.com/">http://psicomotricidadum.com/</a> Revista Pedagógica Adal Español <a href="http://www.apefadal.es/Gymnasium">http://www.apefadal.es/Gymnasium</a>. Revista de Educação Física, Desporto e Saúde Portugués <a href="http://revistas.ulusofoa.pt/index.php/gymnasium/">http://revistas.ulusofoa.pt/index.php/gymnasium/</a> Motriz. Journal of Physical Education Inglés <a href="http://www.periodicos.rc.biblioteca.unesp.br/index.php/motriz">http://www.periodicos.rc.biblioteca.unesp.br/index.php/motriz</a> Psicología del deporte</p> <p>TÍTULO IDIOMA URL Revista de Psicología del Deporte Español <a href="http://www.rpd-online.com/">http://www.rpd-online.com/</a> Revista Iberoamericana de Psicología del Ejercicio y el Deporte Español <a href="http://www.webs.ulpgc.es/riped/">http://www.webs.ulpgc.es/riped/</a> Cuadernos de Psicología del Deporte Español <a href="http://revistas.um.es/cpd">http://revistas.um.es/cpd</a> Nutrición Deportiva</p> <p>TÍTULO IDIOMA URL Journal of the International Society of Sport Nutrition Inglés <a href="http://www.jissn.com/">http://www.jissn.com/</a> International Journal of Sport Nutrition and Exercise Metabolism Inglés <a href="http://journals.humankinetics.com/ijsnem">http://journals.humankinetics.com/ijsnem</a> Medicina del Deporte</p> <p>TÍTULO IDIOMA URL Revista Internacional de Medicina y Ciencias de la Actividad Física y el</p> |
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DeporteEspañol<http://cdeporte.rediris.es/revista/revista.html>Revista Andaluza de Medicina del  
 DeporteEspañol<http://zl.elsevier.es/es/revista/revista-andaluza-medicina-deporte-284>Archivos de Medicina del  
 DeporteEspañol<http://www.femede.es/Revista> Cubana de Medicina del Deporte y la Cultura Física  
 Español<http://www.imd.inder.cu/index.php/revistas/> Montenegrin Journal of Sports Science and  
 MedicineInglés<http://www.mjssm.me/?> Otras revistas de gran importancia en el ámbito americano y mundial. Todas  
 ellas están en inglés.ACSM's Health & FitnessAdapted Physical Activity QuarterlyAmerican Journal of Physical  
 Medicine & RehabilitationAmerican Journal of Public HealthAmerican Journal of Sports MedicineAnnals of  
 Physical and Rehabilitation MedicineArchives of Physical Medicine and RehabilitationBiology of SportBritish Journal of  
 Sports MedicineCanadian Journal of Applied PhysiologyCanadian Journal of Public HealthClinical  
 BiomechanicsClinical Journal of Sport MedicineClinical KinesiologyClinics in Sport MedicineCurrent Reviews in  
 Musculoskeletal MedicineCurrent Sports Medicine ReportsErgonomicsEuropean Journal of Applied  
 PhysiologyEuropean Journal of Physical and Rehabilitation MedicineEuropean Journal of Sport ScienceEuropean  
 Physical Education ReviewExercise and Sport Sciences ReviewsExercise Immunology ReviewGait &  
 PostureHuman Movement ScienceHuman PerformanceInternational Journal of Athletic Therapy &  
 TrainingInternational Journal of Sport Management and MarketingInternational Journal of Sport Nutrition and Exercise  
 MetabolismInternational Journal of Behavioral Nutrition and Physical ActivityInternational Journal of Physical  
 EducationInternational Journal of Sport PsychologyInternational Journal of Sports MedicineInternational Journal of  
 Sports Physiology and PerformanceInternational SportMed Journalsokinetics and Exercise ScienceJournal of Aging  
 and Physical ActivityJournal of Applied BiomechanicsJournal of Applied PhysiologyJournal of Applied Sport  
 PsychologyJournal of Athletic TrainingJournal of Back and Musculoskeletal RehabilitationJournal of  
 BiomechanicsJournal of Electromyography and KinesiologyJournal of Motor BehaviorJournal of Orthopedic &  
 Sports Physical TherapyJournal of Physical Activity & HealthJournal of Physical Education, Recreation, and  
 DanceJournal of PhysiotherapyJournal of Rehabilitation MedicineJournal of Science and Medicine in SportJournal of  
 Sport and Exercise PsychologyJournal of Sport and Social IssuesJournal of Sport RehabilitationJournal of Sport  
 ManagementJournal of Sports Medicine and Physical FitnessJournal of Sports Science and MedicineJournal of Sports  
 SciencesJournal of Strength and Conditioning ResearchJournal of Teaching in Physical EducationJournal of the  
 Philosophy of SportKinesiology ReviewKnee Surgery, Sports Traumatology, ArthroscopyMeasurement in Physical  
 Education and Exercise ScienceMedicine and Science in Sports and ExerciseMedicina Dello SportMotor  
 ControlMovement DisordersMuscle & NervePediatric Exercise SciencePerceptual & Motor SkillsPhysical  
 and Health Education JournalPhysical Education and Sport PedagogyPhysical EducatorPhysical TherapyPhysical  
 Therapy in SportPhysician & Sports MedicinePhysiotherapyPhysiotherapy Research InternationalPhysiotherapy  
 Theory and PracticePsychology of Sport and ExerciseQuestResearch in Sports MedicineResearch Quarterly for  
 Exercise and SportScandinavian Journal of Medicine and Science in SportsScience and SportsSociology of Sport  
 JournalSport History ReviewSport in HistorySport Marketing QuarterlySport, Education, and SocietySports  
 BiomechanicsSports EngineeringSports HealthSports MedicineSports Medicine and Arthroscopy ReviewStrength and  
 Conditioning JournalThe Sport PsychologistWilderness and Environmental Medicine



|               |  |
|---------------|--|
| Complementary |  |
|---------------|--|

| Recommendations                                                                                              |
|--------------------------------------------------------------------------------------------------------------|
| Subjects that it is recommended to have taken before                                                         |
| The design of interdisciplinary projects/652513205<br>Project based learning in Physical Education/652513213 |
| Subjects that are recommended to be taken simultaneously                                                     |
| The design of interdisciplinary projects/652513205<br>Project based learning in Physical Education/652513213 |
| Subjects that continue the syllabus                                                                          |
| Dissertation/652513208<br>Project based learning in Physical Education/652513213                             |
| Other comments                                                                                               |
|                                                                                                              |

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.