



| Teaching Guide      |  |        |                           |           |  |  |
|---------------------|--|--------|---------------------------|-----------|--|--|
| Identifying Data    |  |        |                           | 2020/21   |  |  |
| Subject (*)         | Occupational Risk Prevention and Management II   |        | Code                      | 660G01024 |  |  |
| Study programme     | Grao en Relacións Laborais e Recursos Humanos (Coruña)   |        |                           |           |  |  |
| Descriptors         |  |        |                           |           |  |  |
| Cycle               | Period   | Year   | Type                      | Credits   |  |  |
| Graduate            | 2nd four-month period  | Third  | Obligatory                | 6         |  |  |
| Language            | SpanishGalicianEnglish   |        |                           |           |  |  |
| Teaching method     | Face-to-face   |        |                           |           |  |  |
| Prerequisites       |  |        |                           |           |  |  |
| Department          |  |        |                           |           |  |  |
| Coordinador         | Villarroya López, Alberto  | E-mail | alberto.villarroya@udc.es |           |  |  |
| Lecturers           | Villarroya López, Alberto  | E-mail | alberto.villarroya@udc.es |           |  |  |
| Web                 | www.erlac.es   |        |                           |           |  |  |
| General description | Provide a complete and updated vision on the conditions of work and the technical and legal aspects of the prevention of occupational risks in the companies and his influence in workers.   |        |                           |           |  |  |
| Contingency plan    | <p>1. Modifications to the contents<br/>No changes will be made.</p> <p>2. Methodologies<br/>* Teaching methodologies that are maintained<br/>- Master session.<br/>- Study of cases.<br/>- Objective test.</p> <p>* Teaching methodologies that are modified<br/>Expository and practical classes by videoconference, with the support of audiovisual media and direct intervention of the students.</p> <p>The objective exam is maintained, although it will be carried out through Moodle at a predetermined hour and with a limited time.</p> <p>3. Mechanisms for personalized attention to students<br/>Personalized attention to the student will be carried out through the teacher's usual email, or by arranging a personalized follow-up tutoring<br/>through Microsoft Teams.</p> <p>4. Changes in the evaluation<br/>The initially planned evaluation is maintained.</p> <p>* Evaluation observations:<br/>Attendance will only be taken into account to continuous evaluation students regarding the face-to-face sessions that took place up to the moment the face-to-face activity is suspended.</p> <p>5. Modifications to the bibliography or webgraphy<br/>No changes will be made.</p> |        |                           |           |  |  |

| Study programme competences |   |
|-----------------------------|---|
| Code                        | Study programme competences                       |
| A1                          | Marco normativo regulador das relacións laborais. |



|     |   |
|-----|---|
| A2  | Marco normativo regulador da Seguridade Social e da protección social complementaria.         |
| A3  | Saúde laboral e prevención de riscos laborais.  |
| A5  | Políticas sociolaborais.  |
| A14 | Seleccionar e xestionar información e documentación laboral.                                  |
| A22 | Planificación e deseño, asesoramento e xestión dos sistemas de prevención de riscos laborais. |
| A31 | Aplicar os coñecementos á práctica.   |
| B1  | Resolución de problemas.  |
| B2  | Capacidade de análise e síntese.  |
| B3  | Capacidade de organización e planificación.   |
| B6  | Comportarse con ética e responsabilidade social como cidadán e como profesional.              |
| B9  | Traballo en equipos.  |
| B12 | Motivación para a calidade.   |
| C7  | Asumir como profesional e cidadán a importancia da aprendizaxe ao longo da vida.              |

| Learning outcomes   |     |                             |
|---|-----|-----------------------------|
| Learning outcomes   |     | Study programme competences |
| A1 Marco normativo regulador das relacións laborais.  | A1  |                             |
| A2 Marco normativo regulador da Seguridade Social e da protección social complementaria.          | A2  |                             |
| A3 Saúde laboral e prevención de riscos laborais.   | A3  |                             |
| A5 Políticas sociolaborais.   | A5  |                             |
| A14 Seleccionar e xestionar información e documentación laboral.                                  | A14 |                             |
| A22 Planificación e deseño, asesoramento e xestión dos sistemas de prevención de riscos laborais. | A22 |                             |
| A31 Aplicar os coñecementos á práctica  | A31 |                             |
| B1 Resolución de problemas.   |     | B1                          |
| B2 Capacidad de análisis e síntese  |     | B2                          |
| B3 Capacidad de organización e planificación.   |     | B3                          |
| B9 Traballo en equipos.   |     | B9                          |
| B12 Motivación para a calidade.   |     | B12                         |
| C7 Asumir como profesional e cidadán a importancia da aprendizaxe ao longo da vida.               |     | C7                          |
| Comportarse con ética e responsabilidade social como cidadán e como profesional.                  |     | B6                          |

| Contents                               |   |
|--|---|
| Topic                                  | Sub-topic   |
| SUBJECT 1.- Economy of the prevention. | Injuries statistics. Justification of the prevention. Cost of the accidents and classification. Methods of analysis of costs.                 |
| SUBJECT 2.- Safety at work.            | Minimum requirements of work places. Order, cleaning and maintenance. Material of first aids. Security signals. Legal rules.                  |
| SUBJECT 3.- Industrial hygiene I.      | Professional illness. Medical protocols. Hygiene at work. Chemical and biological agents. Methodology of performance.                         |
| SUBJECT 4.- Industrial hygiene II.     | Noise. Vibrations. Temperature and humidity. Radiations. General characteristics. Evaluation and legal norms. Methods of control of the risk. |
| SUBJECT 5.- Ergonomics I.              | Concept of ergonomics. Analysis and design of workplaces. Work load. Operative methodologies. Thermal comfort. Illumination.                  |
| SUBJECT 6.- Ergonomics II.             | Manual handling of loads. Visual Data Screens. Awkward postures. Repetitive movements. Legal norms.   |
| SUBJECT 7.- Applied psychosociology.   | Psychosocial risk. Health impact and factors. Work stress. Mobbing. Preventive measures.  |



|   |  |
|---|--|
| SUBJECT 8.- Prevention management system. | Documentation. Manual and Procedures. Registers and archives. Control of performances: audits. |
|---|--|

| Planning                        |                         |                      |                               |             |
|---------------------------------|-------------------------|----------------------|-------------------------------|-------------|
| Methodologies / tests           | Competencies            | Ordinary class hours | Student?s personal work hours | Total hours |
| Guest lecture / keynote speech  | A1 A2 A14 B9            | 21                   | 35                            | 56          |
| Case study                      | A3 A22 A31 B1 B2<br>B12 | 21                   | 42                            | 63          |
| Mixed objective/subjective test | A5 B3 B6 C7             | 2                    | 25                            | 27          |
| Personalized attention          |                         | 4                    | 0                             | 4           |

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| Methodologies                   |   |
|---------------------------------|---|
| Methodologies                   | Description   |
| Guest lecture / keynote speech  | Expository classes with support of audiovisual means and direct intervention of the students.   |
| Case study                      | Analysis of practical suppositions as complement of the theoretical contents exposed in the magistral sessions with inclusion of cases current related with the labour risks. |
| Mixed objective/subjective test | Individual written proof on the knowledge of the contents obtained by the student.  |

| Personalized attention                       |  |
|--|--|
| Methodologies                                | Description  |
| Case study<br>Guest lecture / keynote speech | <p>They will be planned specific situations on prevention of labour risks, inciting to the active and dynamic discussion of the distinct proposals that the students go arousing, with the object to reach conclusions on the questions proposed.</p> <p>They will analyse normative appearances on the labour legislation to achieve that the student think about their own opinion, assessment and objects of normative interpretation.</p> <p>Exhibition of the contents with application of audiovisual means.</p> <p>Analysis of practical suppositions as a complement of the theoretical contents exposed in the classes.</p> |

| Assessment                      |                         |  |               |
|---------------------------------|-------------------------|--|---------------|
| Methodologies                   | Competencies            | Description  | Qualification |
| Case study                      | A3 A22 A31 B1 B2<br>B12 | Analysis of practical suppositions as a complement of the theoretical contents exposed in the magistral sessions, with inclusion of cases current related with the labour risks. | 70            |
| Mixed objective/subjective test | A5 B3 B6 C7             | Individual proof on the knowledge of the contents purchased by the student.  | 30            |



## Assessment comments

The practical part of the subject ("Case study") represents 70% of the final mark, while the theoretical part ("Objective test") represents 30% of the final mark. For the different methodologies to be added, in order to obtain a final average mark, it will be essential to obtain 50% of the grade corresponding to each of the sections to be evaluated ("Case study" and "Objective test").

If the minimum required in any of the methodologies is not achieved, the student will not pass the subject. In this case, the evaluation will be suspended in the ordinary call and may be re-examined in July, where the evaluation methodology will be a single objective test worth 100% of the grade.

Those students who cannot do a normal follow-up of the subject, due to having the Teaching Exemption recognized, may choose to take 100% of their grade through a final objective test during the officially established evaluation periods. If 50% of the total mark is not obtained in this test, the evaluation will be suspended in the common call and they will be able to be re-examined in July, where the evaluation methodology will be a single objective test worth 100% of the grade. If they request a waiver, all students will notify the teacher by email or visibly on their student file if it was granted, in which case they must indicate whether they opt for CONTINUOUS EVALUATION or FINAL OBJECTIVE TEST.

Students may not be evaluated simultaneously by continuous evaluation and by final objective test. If it is not expressly stated, or does not deliver the file within fifteen days after the start of the academic year, it will be understood that they opt for the FINAL OBJECTIVE TEST.

The election is final and irreversible for the current call.

## Curricular

adaptations for students with disabilities or with specific educational needs will be ruled by the Center's Teaching Commission, following a report from the guidance and internship service.

## Sources of information

|       |  |
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| Basic | <ul style="list-style-type: none"><li>- José Luis LLORCA RUBIO, Yolanda LOZANO CÁDIZ, Antonio MORENO MARTÍNEZ, M<sup>a</sup> Carmen SALCEDO BELTRÁN (2012). Prevención de riesgos laborales: Instrumentos de aplicación. Tirant Lo Blanch</li><li>- LÓPEZ GANDÍA, Juan; BLASCO LAHOZ, Jose Francisco (2015). Curso de Prevención de Riesgos Laborales. Tirant Lo Blanch</li><li>- Isabel M<sup>a</sup> MARTÍNEZ MARTÍNEZ, Antonio CARDONA LLORENS, Raúl CHILET PÉREZ, Guillermo GARCÍA GONZÁLEZ (2013). Casos prácticos de prevención de riesgos laborales. Tirant Lo Blanch</li><li>- Sonia CIENFUEGOS GAYO, Yolanda MILLAS ALONSO (2019). Seguridad y salud en el trabajo para PYMES según la Norma ISO 45001. AENOR</li></ul> <p>A bibliografía anterior se atopa disponible na BIBLIOTECA VIRTUAL DO CENTRO á que podes acceder coas túas claves no seguinte enlace: <a href="http://www.erlac.es/es/estudiantes-acceso/">http://www.erlac.es/es/estudiantes-acceso/</a></p> |
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| Complementary | Cortés Díaz, José María. 2012. Técnicas de prevención de riesgos laborales. Ed. Tebar. Espeso Santiago, José Avelino. 2009. Manual para la formación de técnicos en prevención de riesgos laborales. Ed. Lex Nova. García Segura, Vicente. 2015. Ergonomía y psicosociología aplicada. IC Editorial. Gutiérrez, Juan M. 2001. Ergonomía y psicosociología en la empresa. Ed. Cis Praxis, S.A. Llaneza Álvarez, Francisco J. 2016. Ergonomía y psicosociología aplicada. Editorial Lex Nova. Menéndez Díaz, Faustino. 2009. Higiene Industrial: manual para la formación del especialista. Ed. Lex Nova. Monereo Pérez, José L. 2015. Tratado de prevención de riesgos laborales. Ed. Tecnos. Webgrafía B.O.E. Legislación sobre seguridad y salud en el trabajo.<br><a href="http://boe.es/legislacion/codigos/codigo.php?id=037_Prevencion_de_riesgos_laborales&amp;modo=1">http://boe.es/legislacion/codigos/codigo.php?id=037_Prevencion_de_riesgos_laborales&amp;modo=1</a> Instituto Nacional de Seguridad y Salud en el Trabajo. <a href="http://www.insst.es">www.insst.es</a> . Ministerio de Empleo y Seguridad Social. <a href="http://www.empleo.gob.es">www.empleo.gob.es</a> . Instituto Galego de Seguridade e Saúde Laboral. <a href="http://www.issga.es">www.issga.es</a> . Agencia Europea de Seguridad y Salud en el Trabajo. <a href="http://www.osha.europa.eu">www.osha.europa.eu</a> . Comisión Europea. <a href="http://ec.europa.eu/index_es.htm">http://ec.europa.eu/index_es.htm</a> Organización Internacional del Trabajo. <a href="http://www.ilo.org">www.ilo.org</a> Organización Mundial de la Salud. <a href="http://www.who.int">www.who.int</a> |
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**Recommendations****Subjects that it is recommended to have taken before**

Employment Law I /660G01011

Social Security Law I /660G01021

Occupational Risk Prevention and Management I /660G01023

**Subjects that are recommended to be taken simultaneously**

Employment Law II/660G01012

Social Security Law II /660G01022

**Subjects that continue the syllabus****Other comments**

The legislation on the prevention of occupational hazards is changing, so the evaluation of the subject will be carried out in accordance with the legal regulations valid at the time.

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.