



## Teaching Guide

| Identifying Data    |   |        |           |         | 2021/22 |
|---------------------|---|--------|-----------|---------|---------|
| Subject (*)         | Complementary Techniques in Podiatry  | Code   | 750G02039 |         |         |
| Study programme     | Grao en Podoloxía   |        |           |         |         |
| Descriptors         |   |        |           |         |         |
| Cycle               | Period  | Year   | Type      | Credits |         |
| Graduate            | 2nd four-month period   | Fourth | Optional  | 6       |         |
| Language            |   |        |           |         |         |
| Teaching method     | Face-to-face  |        |           |         |         |
| Prerequisites       |   |        |           |         |         |
| Department          | Ciencias Biomédicas, Medicina e FisioterapiaCiencias da Saúde   |        |           |         |         |
| Coordinador         |   | E-mail |           |         |         |
| Lecturers           |   | E-mail |           |         |         |
| Web                 | moodle.udc.es   |        |           |         |         |
| General description | ESTA MATERIA NO SE OFERTA DURANTE EL CURSO ACADÉMICO 2017/18  |        |           |         |         |
| Contingency plan    | <p>1. Modifications to the contents</p> <p>2. Methodologies</p> <p>*Teaching methodologies that are maintained</p> <p>*Teaching methodologies that are modified</p> <p>3. Mechanisms for personalized attention to students</p> <p>4. Modifications in the evaluation</p> <p>*Evaluation observations:</p> <p>5. Modifications to the bibliography or webgraphy</p> |        |           |         |         |

## Study programme competences

| Code | Study programme competences |
|------|-----------------------------|
|      |                             |

## Learning outcomes

| Learning outcomes   | Study programme competences |  |  |
|---|-----------------------------|--|--|
| Saber aplicar las técnicas y tratamientos complementarios en Podología  |                             |  |  |
| Conocer y emplear el material necesario para aplicar técnicas complementarias en podología  |                             |  |  |
| Valorar al paciente candidato a tratamientos complementarios en podología   |                             |  |  |
| Conocer y aplicar las técnicas de exploración, diagnóstico y tratamiento complementarios aplicadas en podología                               |                             |  |  |
| Saber integrar pruebas complementarias en podología. Emitir un diagnóstico. Diseñar un plan de intervención integral o tratamiento podológico |                             |  |  |

## Contents

| Topic  | Sub-topic |
|--|-----------|
| Tema 1: Concepto de posturología. Historia y evolución de la posturología.                   |           |
| Tema 2: Aplicaciones de la posturología. Importancia de la postura y sistema tónico postural |           |



|   |  |
|---|--|
| Tema 3: Estudio e importancia de la posturología  |  |
| Tema 4: Definición y conceptos de la terapia zonal y reflexoterapia                     |  |
| Tema 5: Reflexoterapia en podología . Concepto, indicaciones y contraindicaciones.      |  |
| Tema 6: Metodología y técnicas básicas en podología                                     |  |
| Tema 7: Historia y principios de la homeopatía  |  |
| Tema 8: Disoluciones. Indicaciones, presentaciones, administración y contraindicaciones |  |
| Tema 9: Aplicaciones y tratamientos en podología  |  |
| Tema 10: Principios de la terapia avanzada en podologia                                 |  |

| Planning  |              |                      |                               |             |
|---|--------------|----------------------|-------------------------------|-------------|
| Methodologies / tests   | Competencies | Ordinary class hours | Student?s personal work hours | Total hours |
| Personalized attention  |              | 0                    |                               | 0           |
| (*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students. |              |                      |                               |             |

| Methodologies |             |
|---------------|-------------|
| Methodologies | Description |
|               |             |

| Personalized attention |             |
|------------------------|-------------|
| Methodologies          | Description |
|                        |             |

| Assessment    |              |             |               |
|---------------|--------------|-------------|---------------|
| Methodologies | Competencies | Description | Qualification |
|               |              |             |               |

| Assessment comments |
|---------------------|
|                     |

| Sources of information |               |
|------------------------|---------------|
| Basic                  | Complementary |
|                        |               |

| Recommendations  |
|--|
| Subjects that it is recommended to have taken before     |
| Subjects that are recommended to be taken simultaneously |
| Subjects that continue the syllabus                      |
| Other comments   |
|  |

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.