



Teaching Guide

| Identifying Data | | | | | 2021/22 |
|----------------------------|---|---------------|---|----------------|---------|
| Subject (*) | Preventive Podiatry | Code | 750G02114 | | |
| Study programme | Grao en Podoloxía | | | | |
| Descriptors | | | | | |
| Cycle | Period | Year | Type | Credits | |
| Graduate | 1st four-month period | Third | Obligatory | 6 | |
| Language | SpanishGalician | | | | |
| Teaching method | Face-to-face | | | | |
| Prerequisites | | | | | |
| Department | Ciencias da Saúde | | | | |
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| Web | campusvirtual.udc.gal/ | | | | |
| General description | <p>A materia de Podoloxía Preventiva ten unha clara importancia de cara a que o alumnado, no marco do proceso de ensino-aprendizaxe da súa formación, desenvolva algunhas das habilidades e destrezas necesarias para mellorar a saúde das persoas en xeral e no tocante ao pé en particular.</p> <p>Xa que logo, o seu valor é moi significativo para os futuros podólogos, ao posibilitarlles comprender e actuar sobre o proceso de saúde-enfermidade en xeral e no ámbito particular do pé. Está enfocada á adopción das medidas preventivas axeitadas en cada situación, así como a realizar unha educación sanitaria preventiva nos pacientes, os sanitarios e as persoas.</p> <p>Por iso, dentro dos denominados procesos de promoción e prevención da saúde, faise fincapé na visión holística da saúde do pé, habida conta do seu interese e importancia dentro da tendencia actual da disciplina no mantemento e mellora da calidade de vida.</p> | | | | |
| Contingency plan | <ol style="list-style-type: none"> 1. Modifications to the contents 2. Methodologies <ul style="list-style-type: none"> *Teaching methodologies that are maintained *Teaching methodologies that are modified 3. Mechanisms for personalized attention to students 4. Modifications in the evaluation <ul style="list-style-type: none"> *Evaluation observations: 5. Modifications to the bibliography or webgraphy | | | | |

Study programme competences / results

| Code | Study programme competences / results |
|------|--|
| A96 | CE32 - Identificar e analizar os problemas de saúde do pé nos diferentes aspectos ambientais, biodinámicos e sociais, así como unha aprendizaxe relativa á avaliación dos feitos cientificamente probados e á análise dos datos en xeral, para aplicar a Podoloxía Baseada na Evidencia Científica |
| A97 | CE33 - Coñecer e aplicar estratexias de prevención e educación e os métodos de educación para a saúde en podoloxía preventiva e deseñar e avaliar os programas de educación para a saúde en Podoloxía |



| | |
|-----|---|
| A98 | CE34 -Coñecer os problemas de saúde laboral no exercicio da profesión e os seus factores etiolóxicos e aplicar os métodos de prevención de riscos laborais en Podoloxía |
| A99 | CE35 -Coñecer a Antropoloxía da Saúde e a Enfermidade |
| B25 | CB3 -- Que os estudantes teñan a capacidade de reunir e interpretar datos relevantes (normalmente dentro da súa área de estudo) para emitir xuízos que inclúan unha reflexión sobre temas relevantes de índole social, científica ou ética |
| B26 | CB4 -Que os estudantes poidan transmitir información, ideas, problemas e solucións a un público tanto especializado como non especializado |
| B27 | CB5 -Que os estudantes desenvolvesen aquelas habilidades de aprendizaxe necesarias para emprender estudos posteriores cun alto grao de autonomía |
| B28 | CG01 - Coñecer e aplicar os fundamentos teóricos e metodolóxicos da Podoloxía e Podiatría |
| B30 | CG03 - Obter a capacidade, habilidade e destreza necesarias para diagnosticar, prescribir, indicar, realizar e/ou elaborar e avaliar calquera tipo de tratamento podolóxico, ortopodolóxico, quiropodolóxico, cirurxía podolóxica, físico, farmacolóxico, preventivo e/ ou educativo, baseado na Historia clínica |
| B34 | CG07 - Coñecer, deseñar e aplicar programas preventivos relacionados coa podoloxía e o fomento da atención podolóxica na poboación |
| B36 | CG09 -Valorar de forma crítica a terminoloxía, ensaios clínicos e metodoloxía utilizados na investigación relacionada coa podoloxía |
| B37 | CG10 - Identificar que o exercicio da profesión está asentado no respecto á autonomía do paciente, ás súas crenzas, cultura, determinantes xenéticos, demográficos e socioeconómicos, aplicando os principios de xustiza social e comprendendo as implicacións éticas nun contexto mundial en transformación |
| B39 | CG12 -Capacidade para a cooperación, o traballo en equipo e a aprendizaxe colaborativo en contornas interdisciplinares |
| C9 | CT01 - - Expresarse correctamente, tanto de forma oral como escrita, nas linguas oficiais da comunidade autónoma |
| C11 | CT03 - Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida |
| C12 | CT04 -Desenvolver o exercicio dunha cidadanía respectuosa coa cultura democrática, os dereitos humanos e a perspectiva de xénero |
| C14 | CT06 -Adquirir habilidades para a vida e hábitos, rutinas e estilos de vida saudables |
| C15 | CT07 - Desenvolver a capacidade de traballar en equipos interdisciplinares ou transdisciplinares, para ofrecer propostas que contribúan a un desenvolvemento sustentable ambiental, económico, político e social |
| C16 | CT08 - V- Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade |
| C17 | CT09 -Ter a capacidade de xestionar tempos e recursos: desenvolver plans, priorizar actividades, identificar as críticas, establecer prazos e cumprilos |

Learning outcomes

| Learning outcomes | Study programme competences / results | | |
|---|---------------------------------------|------------|------------|
| Identify and analyze the problems of foot health to environmental, biodynamic and social aspects. | A96 | B25 B26 | C9 |
| Foster on the evaluation of scientifically established facts and the analysis of learning data in general to apply Podiatry Based on Scientific Evidence. | A97 | B34 | C16 |
| Learn to design and implement strategies and programs for prevention and health education in podiatry, podiatric and methods of health education. | A99 | B28 B36 | C14 C15 |
| Meet and take podiatric occupational health and prevention of occupational hazards in podiatry. | A98 | B30 B37 | C17 |
| Designing and evaluating programs of health education. | A97 | B27 | C11 |
| Meet the anthropology of Health and Illness, sanitation and disinfection. | A99 | B39 | C12 |

Contents

| Topic | Sub-topic |
|-------|-----------|
|-------|-----------|



| | |
|--|---|
| 1. General | <ul style="list-style-type: none"> a. Concepts related to the subject of Preventive Podiatry. b. Natural History of Disease Prevention and podiatric levels. c. Characteristics of each level of health care. Primary Health Care. d. Child programs in adults geriatrics and patients with special needs. e. Present and Future of Podiatry Preventive. |
| 2. Podiatry Preventive Strategies. | <ul style="list-style-type: none"> a. Prevention Strategies. Epidemiological surveillance. b. Prevention Strategies. Health Promotion in Podiatry. Podiatric hygiene. c. Concepts of strategies. Podiatry Preventive Strategies votes. |
| 3. Podiatric Health Program. Sifted. | <ul style="list-style-type: none"> a. Discussion and analysis of Podiatric Health Programs. b. Exploration of foot systematic learning to value: morphology, mobility, and support gear. Performing and interpreting specific footprints in children or adults. |
| 4. Podiatric Health Education. | <ul style="list-style-type: none"> a. Assess the health of a population, relating Podiatry Preventive, by analyzing and interpreting indicators of public health or the experience gained by the students themselves participants in the workshop. b. Analysis and organization of podiatric health education activities, objectives and designing activities aimed at different sectors of the population. |
| 5. Occupational Health and Preventive Podiatry. Podiatrist Risk Professionals. | <ul style="list-style-type: none"> a. Labor Podiatry. Surveillance podiatric health. b. Occupational Risk Act. c. Occupational risks in Podiatry and prevention. d. Hospital waste management. |
| 6. Podiatry Preventive Communicable Diseases. | <ul style="list-style-type: none"> a. General Bases of the prevention of communicable diseases. b. General epidemiology of communicable diseases. c. Preventive foot care in viral infections, Polio, Hepatitis and HIV / AIDS. d. Podiatry Preventive tetanus. e. Health actions on the subject susceptible. Vaccinations, sera and immunoglobulins. chemoprophylaxis f. Preventive foot care in mycosis. Dermatomycoses. Onychomycosis. g. Podiatry Preventive other communicable diseases in plantar warts. |
| 7. Podiatry Preventive Non communicable Diseases. | <ul style="list-style-type: none"> a. Non communicable diseases. Chronic diseases. b. Non communicable diseases related to Podiatry. c. Preventive foot care in endocrine and metabolic diseases. Diabetic foot. d. Preventive foot care in diseases of the musculoskeletal system. Arthritis and Osteoarthritis. e. Podiatry Preventive dermal disorders and neurological origin. Leprosy and dermatitis. |
| 8. Role of the Podiatrist in Multidisciplinary Health Team. | <ul style="list-style-type: none"> a. Definition, members and the current paradigm of a health team. b. Social Perception Foot Health. c. Benefits of a multidisciplinary team of foot health. d. Functions and Management of a team of health. |
| 9. Podiatry Preventive and Quality of Life. | <ul style="list-style-type: none"> a. Levels of health and quality of life. b. Perception of quality of life and its components. c. Theoretical framework of the quality of life. d. Features, dimensions and quality assessment and life. e. Quality of life related to health in Podiatry. |

| Planning | | | | |
|-----------------------|------------------------|--------------------------------------|-------------------------------|-------------|
| Methodologies / tests | Competencies / Results | Teaching hours (in-person & virtual) | Student?s personal work hours | Total hours |
| Objective test | A96 A97 A98 A99 B28 | 1.5 | 19.5 | 21 |



| | | | | |
|--------------------------------|-------------------------------|----|----|----|
| Guest lecture / keynote speech | B37 C12 C14 C15 C16 | 21 | 42 | 63 |
| Seminar | B26 B27 B36 B39 C9 C11 C17 | 14 | 28 | 42 |
| Laboratory practice | B25 B30 B34 | 9 | 9 | 18 |
| Personalized attention | | 6 | 0 | 6 |

(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

| Methodologies | |
|--------------------------------|--|
| Methodologies | Description |
| Objective test | 50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff. |
| Guest lecture / keynote speech | The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes. The keynote sessions will focus on the main contents of the syllabus. Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it. All material will be accessible to students in distance learning platform Moodle https://campusvirtual.udc.es/moodle/ . |
| Seminar | Seminar in specific topics of seminars teaching units of the syllabus of the subject on which group activities to be delivered through distance learning platform Moodle for further exposure in the art workshops will be developed will be addressed. |
| Laboratory practice | A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas. Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas. |

| Personalized attention | |
|--|--|
| Methodologies | Description |
| Objective test Guest lecture / keynote speech Seminar Laboratory practice | The personalized service will run on a scheduled basis in times of teacher attention to students, to face service; and virtually, through email and other electronic means to enable the virtual platform. The personalized service is designed to solve any issue related to the different methodologies and / or contents of the subject. |

| Assessment | | | |
|----------------|-------------------------------|--|---------------|
| Methodologies | Competencies / Results | Description | Qualification |
| Objective test | A96 A97 A98 A99 B28 | 50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff. | 65 |
| Seminar | B26 B27 B36 B39 C9 C11 C17 | The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes. The keynote sessions will focus on the main contents of the syllabus. Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it. All material will be accessible to students in distance learning platform Moodle https://campusvirtual.udc.es/moodle/ . | 20 |



| | | | |
|---------------------|-------------|---|----|
| Laboratory practice | B25 B30 B34 | A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas. Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas. | 15 |
|---------------------|-------------|---|----|

Assessment comments

In presenting the PREVENTIVE PODIATRY subject succinctly explain the program course, and the rules for the evaluation of it, to be made available to students in the distance learning platform Moodle, being sine qua non to pass the course in:

1 First OPPORTUNITY CALL REGULAR:

1.1 Attend 80% of the seminars, as well as implement the proposed activities and get a total score on a numerical scale of 1 to 10, from 5 (suitable), which only counted in the event of exceeding the consideration of the Final Test of the subject.

1.2 Getting the Test Final Test score on a numeric scale of 1 - 10 from 5 (suitable).

2, SECOND REGULAR CALL, AND SUBSEQUENT CALLS EARLY OPPORTUNITY:

2.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable).

2.2 The scores for the seminars but will not count the activities necessary to overcome to pass the subject in successive calls.

3. PARTIAL TUITION PUPILS;

3.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable).

Sources of information



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Recommendations

Subjects that it is recommended to have taken before



Applied Psychology and Health/750G02105
Podiatric Pathology I/750G02119
Podiatric Orthopedics II/750G02116
Digital Orthopedics and Footwear Therapy/750G02117
General Pathology Applied in Podiatry/750G02102
General Podiatry/750G02110
General Concepts of Surgery/750G02127
Bases for the Interpretation of Scientific Knowledge/750G02108
Podiatric Orthopedics I/750G02115

Subjects that are recommended to be taken simultaneously

Dermatology/750G02124
Podiatric Pathology II/750G02120
Clinical Orthopedics/750G02118
Podiatric Surgery 1/750G02128

Subjects that continue the syllabus

Final Dissertation/750G02133
Practicum II/750G02135
Practicum III/750G02136
Practicum I/750G02134
Sports Podiatry/750G02123
Ethics, Legislation and Management in Podiatry/750G02113
Diabetic Foot/750G02131

Other comments

Para o seguemento das diferentes metodoloxías na aula da materia recoméndase a utilización dun ordenador portátil que dispoña de conexión wifi. Asemade, ca finalidade de conquistar unha contorna inmediata sustentable e cumprir o obxectivo estratéxico do Plan de Sustentabilidade Medio-ambiental Green Campus FEP, tódolos traballos documentais que se realicen nesta materia serán entregados a través de Moodle, en formato dixital, sen necesidade de imprimilos. De realizarse en papel: - Non se empregarán plásticos. - Realizaráanse impresións a dobre cara. - Empregarase papel reciclado. - Evitaranse imprimir borradores.

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.