UNIVERSIDADE DA CORUÑA

Teaching Guide			
Identifying Data			**2022/23**
Subject (*)	Clinic Psychology	**Code**	653540018
Study programme	Máster Universitario en Xerontoloxía		

Descriptors				
Cycle	**Period**	**Year**	**Type**	**Credits**
Official Master's Degree	2nd four-month period	First	Optional	3
Language	Spanish			
Teaching method	Face-to-face			
Prerequisites				
Department	Fisioterapia, Medicina e Ciencias Biomédicas			
Coordinador	Lorenzo López, Laura	**E-mail**	laura.lorenzo.lopez@udc.es	
Lecturers	Lorenzo López, Laura	**E-mail**	laura.lorenzo.lopez@udc.es	
Web	estudos.udc.es/es/subject/4540V01/4540018/2021			
General description	Obtain knowledge about the main cognitive and behavioral changes occurring during the aging process, both normal and pathological. Familiarize with the most commonly used assessment instruments to assess psychopathological and behavioral disturbances in older adults. Engage in psychological intervention with older adults.			

Study programme competences	
Code	**Study programme competences**
A1	To be able to recognize the main pathologies and geriatric syndromes through the application of new and innovative work methodologies adapted to the field of gerontology
A3	To be able to incorporate the Geronto-geriatric intervention methodology into the individualized intervention plans
A4	To be able to assume responsibility for their own professional development and their specialization in both the socio-health and health care for the older people in order to join the interdisciplinary teams of Geronto-geriatric assessment and intervention
A7	Acquire advanced knowledge and demonstrating, in a context of scientific and technological or highly specialized research, a detailed and informed understanding of the theoretical and practical aspects and the methodology of work in the field of Gerontology
A8	Know how to apply and integrate the knowledge acquired, the understanding of these, its scientific foundation and its problem-solving capabilities in social and socio-sanitary environments and defined in an imprecise way, including multidisciplinary contexts both researchers and professionals in the field of gerontology
B2	That students know how to apply the knowledge acquired and their ability to solving problems in new or little-known environments within broader (or multidisciplinary) contexts related to gerontology and geriatrics
B3	That students are able to integrate knowledge and face the complexity of making judgments from information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments.
B4	That students know how to communicate their conclusions ? and the knowledge and ultimate reasons that support them ? to specialized and non-specialized audiences in a clear and unambiguous way
C7	Developing the ability to work in interdisciplinary or transdisciplinary teams in order to offer proposals that can contribute to a sustainable environmental, economic, political and social development
C11	Know how to disseminate the results obtained in the development of its activity through the sources of information available to the scientific community
C13	Know the possibilities of research in the field of gerontology in order to motivate students to join it, enabling the realization of doctoral theses

Learning outcomes	
Learning outcomes	**Study programme competences**

To know how to transfer theoretical knowledge to different real situations of specific areas of intervention in clinical psychology.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3 BC4	CC7 CC11 CC13
To know how to manage psychological methods for diagnostic and treatment in the psychology of aging field.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3	CC13
To be able to assess, interpret and adequately synthesize information from evaluation and psychological diagnostic techniques.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3 BC4	CC7 CC11 CC13
Manage and develop methodologies for specific intervention for the older population.	AJ3 AR2 AC1	BC2 BC3	CC11 CC13

Contents	
Topic	**Sub-topic**
BLOCK 1. Clinical psychology and aging	Theme 1. Introduction to the clinical psychology of aging and methodology.
BLOCK 2. Cognition and aging	Theme 2. Cognition and aging.
BLOCK 3. Psychopathology in aging	Theme 3. Affective disorders: Anxiety and depression. Theme 4. Psychotic disorders and delirium.
BLOCK 4. Personality, adaptation and change in aging	Theme 5. Personality and aging. Theme 6. Sexuality in aging. Theme 7. Retirement, death and bereavement. Theme 8. Health promotion and active aging.

Planning				
Methodologies / tests	**Competencies**	**Ordinary class hours**	**Student?s personal work hours**	**Total hours**
Guest lecture / keynote speech	A1 A3 A4 A7 A8 B2 B3 B4	12	15	27
Workshop	A1 A3 A4 A7 A8 B2 B3 B4 C7 C11 C13	2	2	4
Supervised projects	A1 A3 A4 A7 A8 C7 C11 C13	2	25	27
Multiple-choice questions	A1 A3 A4 A7 A8 B2 B3 B4 C11 C13	3	12	15
Personalized attention		2	0	2
(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.				

Methodologies	
Methodologies	**Description**
Guest lecture / keynote speech	Oral presentation by the teachers (expository teaching) guided by audiovisual media. Keynote sessions will aim to convey general knowledge about the subject and solving doubts. They will take place on Tuesdays from 4:00 to 6:00 p.m., on alternate weeks.

Workshop	Students will develop eminently practical tasks (both in the classroom and at home) on specific themes, with support and supervision of the teachers: study of clinical cases, debate and discussion of specific contents of the subject, review and analysis of papers selected by the teacher and related topics, videos, reviews of current news...
Supervised projects	The student will develop a supervised work (experimental or theoretical) related to the subject. Regardless of the type of selected work (experimental or theoretical), it will include the review of scientific articles (in Spanish and English) on the topic and a critical appraisal of them. The work must be exposed in class with the support of audiovisual media.
Multiple-choice questions	The topics treated in class during the keynote sessions will have to be overcome by a written test consisting of 40 questions with 4 response options.

Personalized attention	
Methodologies	**Description**
Workshop Supervised projects	The tutoring of supervised projects and practical exercises required in the workshops can be done in the tutorial hours or by email: laura.lorenzo.lopez@udc.es. In addition to the personalized attention that students demand, there will be two mandatory meetings to carry out the monitoring of the supervised work. The form and the time in which these mandatory meetings will take place will be indicated throughout the course. Students with part-time dedication and academic waiver of exemption from attendance recognition must indicate it at the beginning of the course to adopt appropriate measures of attention in each case.

Assessment			
Methodologies	**Competencies**	**Description**	**Qualification**
Workshop	A1 A3 A4 A7 A8 B2 B3 B4 C7 C11 C13	The active participation will be evaluated taking into account the ability to solve cases, and the ability to work as a team. This qualification will contribute to 20% of the total qualification of the student.	20
Supervised projects	A1 A3 A4 A7 A8 C7 C11 C13	The ability to synthesize and critically assess the topic studied will be evaluated, as well as the content and format of the work, and its oral presentation. The qualification of the supervised project will contribute to 40% of the total grade of the subject.	40
Multiple-choice questions	A1 A3 A4 A7 A8 B2 B3 B4 C11 C13	Test type exam consisting of 40 questions with 4 answer options, being only one correct answer. Each question poorly answered will subtract 0.25 points, not subtracting the unanswered ones. Formula: (Hits-(Errors*0,25))*10/40. This qualification will contribute to 40% of the total grade of the student.	40

Assessment comments
The detection of fraud, copying or plagiarism in the writing of the work of the subject will involve a suspense in the opportunity of assessment concerned and direct referral to the next opportunity. This attitude will be communicated to the Academic Committee and the rest of the title teachers. It reiterate the irregularity in a 2nd evaluation, the Commission may request to the Rector the temporary or perpetual expulsion of the student in the course Title.

Sources of information	
Basic	Belsky, J.K. (2001). Psicología del Envejecimiento. Paraninfo. Madrid.Fernandez-Ballesteros, R. (2007). GeroPsychology. European Perspectives for an Aging World. Hogrefe. Washington.Fernandez-Ballesteros, R. (2009). Psicología de la vejez. Una psicogerontología aplicada. Pirámide. Madrid.Fernández Liria, A., Rodríguez Vega, B. (2006). Habilidades de entrevista para psicoterapeutas. Desclée. Bilbao.Izal, M., Montorio, I. (1999). Gerontología Conductual. Bases para la intervención y ámbitos de aplicación. Editorial Síntesis. Madrid. Montorio, I., Izal, M. (2000). Intervención psicológica en la vejez. Aplicaciones en el ámbito clínico y de la salud. Sintesis. Madrid.Muñoz Tortosa., J. (2002). Psicología del envejecimiento. Pirámide. Madrid.Triadó, C., Villar, F. (2006). Psicología de la vejez. Alianza Editorial. Madrid.
Complementary	

Recommendations
Subjects that it is recommended to have taken before
Subjects that are recommended to be taken simultaneously
Assessment in Gerontology/653540002
Non-Pharmacological Intervention in Dementias/653540019
Subjects that continue the syllabus
Other comments
In order to contribute to the achievement of an immediate sustainable environment and fulfill the strategic objective 2 of the "IV Action Plan of the FCS Green Campus Program (2020-2022)", the documentary work carried out in this subject:a. Will be mostly requested in a virtual format and computer supportb. If paper is used:-Do not use plastics-Use double-sided printing-Use recycled paper-Prevent the realization of draftsGENERAL RECOMMENDATIONS:1. To attend the face-to-face/telematic sessions.2. To work continuously throughout the course.3. Whenever there is a doubt attend tutorials.4. Correctly prepare the oral presentation of the work.