



## Teaching Guide

Identifying Data					2023/24
Subject (*)	COMMUNITY PHYSIOTHERAPY AND PUBLIC HEALTH		Code	651G01030	
Study programme	Grao en Fisioterapia				
Descriptors					
Cycle	Period	Year	Type	Credits	
Graduate	1st four-month period	Fourth	Obligatory	6	
Language	SpanishGalician				
Teaching method	Face-to-face				
Prerequisites					
Department	Ciencias da SaúdeFisioterapia, Medicina e Ciencias Biomédicas				
Coordinador	Martinez Rodriguez, Alicia	E-mail	alicia.martinez@udc.es		
Lecturers	Martinez Rodriguez, Alicia Saleta Canosa, Jesus Luis	E-mail	alicia.martinez@udc.es jesus.luis.saleta.canosa@udc.es		
Web					
General description	With this subject Comunitary and Public health are addressed from the perspective of Physiotherapy and the Spanish health system, developing tools such as health promotion, prevention and health education, programming, teamwork and epidemiology				

## Study programme competences / results

Code	Study programme competences / results
A12	Intervir nos ámbitos de promoción, prevención, protección e recuperación da saúde.
A13	Saber traballar en equipos profesionais como unidade básica na que se estruturan de forma uni ou multidisciplinar e interdisciplinar os profesionais e demais persoal das organizacións asistenciais.
A14	Incorporar os principios éticos e legais da profesión á práctica profesional así como integrar os aspectos sociais e comunitarios na toma de decisións.
A17	Comprender a importancia de actualizar os coñecementos, habilidades, destrezas e actitudes que integran as competencias profesionais do fisioterapeuta.
A18	Adquirir habilidades de xestión clínica que inclúan o uso eficiente dos recursos sanitarios e desenvolver actividades de planificación, xestión e control nas unidades asistenciais onde se preste atención en fisioterapia e a súa relación con outros servizos sanitarios.
A19	Comunicarse de modo efectivo e claro, tanto de forma oral como escrita, cos usuarios do sistema sanitario así como con outros profesionais.
B1	CB1 - Que los estudiantes hayan demostrado poseer y comprender conocimientos en un área de estudio que parte de la base de la educación secundaria general, y se suele encontrar a un nivel que, si bien se apoya en libros de texto avanzados, incluye también algunos aspectos que implican conocimientos procedentes de la vanguardia de su campo de estudio
B2	CB2 - Que los estudiantes sepan aplicar sus conocimientos a su trabajo o vocación de una forma profesional y posean las competencias que suelen demostrarse por medio de la elaboración y defensa de argumentos y la resolución de problemas dentro de su área de estudio
B3	CB3 - Que los estudiantes tengan la capacidad de reunir e interpretar datos relevantes (normalmente dentro de su área de estudio) para emitir juicios que incluyan una reflexión sobre temas relevantes de índole social, científica o ética
B4	CB4 - Que los estudiantes puedan transmitir información, ideas, problemas y soluciones a un público tanto especializado como no especializado
B5	CB5 - Que los estudiantes hayan desarrollado aquellas habilidades de aprendizaje necesarias para emprender estudios posteriores con un alto grado de autonomía
C1	Adequate oral and written expression in the official languages.
C4	Acting as a respectful citizen according to democratic cultures and human rights and with a gender perspective.
C6	Acquiring skills for healthy lifestyles, and healthy habits and routines.
C9	Ability to manage times and resources: developing plans, prioritizing activities, identifying critical points, establishing goals and accomplishing them.

## Learning outcomes



Learning outcomes	Study programme competences / results		
Understand the fundamental concepts of health and health epidemiology to move the scope of physiotherapy perspective of Community Health and Preventive Medicine and Public Health.	A12 A14 A17	B1 B2 B3	C1 C4
To know the epidemiological chain and preventive measures of major communicable diseases.	A12 A14 A17	B5	C1 C4
To know the different concepts of organization, management and health administration as well as the various health agencies both nationally and internationally, especially the National Health System and assume the function performed by the physiotherapist in the fields of Primary Care, Specialized and of Occupational Health.	A12 A14 A17		C1 C4
To improve the capacity of teamwork	A13 A18 A19	B4	C1 C4 C9
Aplicar a perspectiva biopsicosocial e o coñecemento epidemiolóxico, de habilidades comunicacionais, de traballo en equipo e de promoción e educación para a saúde á práctica no eido da fisioterapia	A12 A13 A14 A17 A18 A19	B2 B3 B4 B5	C1 C4 C6 C9

Contents	
Topic	Sub-topic
UNIT 1. INTRODUCTION; BASIC CONCEPTS IN COMMUNITY HEALTH AND PUBLIC HEALTH FROM THE PERSPECTIVE OF THE PHYSIOTHERAPY. CONCEPTUAL FRAMEWORK.  Lesson 1. Concept of health.	Conception of health. Health and their determinants. Equity: socio-politics, social structure (social class, gender, age, ethnic and territory), individual and psychosocial factors and health system Community physiotherapy and public health.
Lesson 2. Community physiotherapy and public Health.	Biopsicosocial perspective and his implications. Concept of community health and levels of action. Concept of public Health and actions. Levels of prevention.
UNIT 2. EPIDEMIOLOGY AND HEALTH DEMOGRAPHY  Lesson 4. Demography.	Concept. Dinamic and static demography. Taxes adjust.
Lesson 7. Cohort studies.	Relative risk. Advantages and limitations
Lesson 3. Social organization of healthcare.	Models of healthcare. National system of health. Intervention in formal and informal community environments. Primary attention of health. Domiciliary attention and in working/leisure- community environments. Cooperation.
UNIT 3. TEAM METHODOLOGY AND ACTION IN COMMUNITY PHYSIOTHERAPY.  Lesson 13. Communication and team working.	Team working concept versus working in groups. Functioning, organization and communication.

**Planning**



Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Guest lecture / keynote speech	A12 A13 A14 A18 A19 B1 B3 B4	34	34	68
Workshop	A12 A13 A14 A18 A19 C1 C4	24	30	54
Collaborative learning	A12 A13 A14 A17 A18 A19 B2 B5 C1 C4 C6 C9	0	24	24
Mixed objective/subjective test	A12 A13 A14 A18 A19 C1 C6	2	0	2
Personalized attention		2	0	2

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
Methodologies	Description
Guest lecture / keynote speech	Oral presentation complemented by the use of media and the introduction of some questions to the students, in order to improve the knowledge and facilitate learning. to this effect, some can be used interactively.
Workshop	<p>Community physiotherapy module</p> <p>Analysis and discussion of materials (publications and articles, brochures, audiovisual materials, news, etc.) related to community physiotherapy, health promotion and prevention, or closely related concepts (determinants of health and health equity, social organization for health care, bioethics, qualitative research, etc).</p> <p>Public Health module</p> <p>Presentation for discussion and resolution of different types of exercises in which the type of epidemiological study and identify appropriate risk measure is calculated</p>
Collaborative learning	<p>Community physiotherapy module</p> <p>Community Program physiotherapy, prevention or health promotion (as in the citizen laboratory project "Rompendo Regras")</p> <p>Public Health Module</p> <p>To develop in group a type of epidemiological study, describing their objectives, methodology and data analysis.</p>
Mixed objective/subjective test	The exam will consider the content and skills worked in theoretical classes (lectures) and directed discussions (interactive classes) and in collaborative learning (practical classes and self-working)

Personalized attention	
Methodologies	Description
Collaborative learning	<p>The monitoring of the student work performed will be done. Students' work will be monitored. For students at part-time, the preferred form of personalized attention to the students will be non-face-to-face, at the request of the students in written format via email for the clarification of doubts; or via virtual campus through forums or direct consultation, mainly to clarify doubts or resolve written tasks.</p> <p>For virtual meetings, TEAMS will be used upon request.</p>



Assessment

Methodologies	Competencies / Results	Description	Qualification
Mixed objective/subjective test	A12 A13 A14 A18 A19 C1 C6	<p>Community physiotherapy module</p> <p>Examination will consist of multiple choice questions, open questions and analysis of a text, in order to evaluate the skills of this module. A 50% will be necessary in this exam, and it will account for up to 30% of the final grade, provided that the student has succeed in public health part.</p> <p>Public Health module</p> <p>To assess the knowledge acquired in the part of the subject taught by the teacher Saleta, students must pass a written exam consisting of multiple choice questions, short questions and exercises that will require calculation. To take the exam will need to meet two requirements for the course: one is that the student should not have missed practical lessons more than once, and the other is that it should work in the research group. In the event that during the course you could not participate in the work, you must submit the work on your own, for July . This written examination equivalent to 40% of the final grade, provided they have succeed in Community physiotherapy part.</p> <p>Will be essential to overcome each of the modules of the course and to approve and make half with the other module.</p>	70
Collaborative learning	A12 A13 A14 A17 A18 A19 B2 B5 C1 C4 C6 C9	<p>Community physiotherapy module</p> <p>Design or execution by teams of a program of community physiotherapy, health promotion or prevention, as in the proyect &amp;quot;Rompendo Regras&amp;quot;. It will represent up to 20% of the final grade.</p> <p>Public health module.</p> <p>Evaluation of research work to be conducted in groups of approximately 10 students. He counted up to 10% of the final grade.</p>	30

Assessment comments

The mean mark only will be done if both modules are overcome and, if in the mixed test, a 50% of maximum qualification in each part is acquired. A partial evaluation in the mid term may be developed with a maximum of 50% of the final qualification. The percentage assigned to each test may undergo minor modifications depending on external variations that affect the subject, however it will never be less than 50% in the case of the exam and 30% in the case of the collaborative work.

To pass the part of the subject taught by the teacher Saleta is essential attend practical classes and participate with the rest of the peer group in conducting a research. If more than one practical clas is missed or don't participate in the research WILL CONSTITUTE A FAILURE OF THE PART TAUGHT BY PROFESSOR. For subsequent calls will be indispensable to present a research work individually, if you have not participated in group work during the course. This is also for the half-time students.

Half-time students will have to pass the same tests and do the same work, individually, if they gave not participated in collaborative learning with the other students.

The fraudulent realization of the assessment implies failing in this convocatory and the missing calification in any of the assessment activities for the next one.

Sources of information



<b>Basic</b>	<ul style="list-style-type: none"> <li>- Argimón Pallás Josep María (2019). Métodos de investigación clínica y epidemiológica . Barcelona : Elsevier</li> <li>- Hernández-Aguado Ildefonso et al. (2011). Manual de epidemiología y salud pública para grados en ciencias de la salud. Madrid: Editorial Médica Panamericana</li> <li>- Lemus JD, Aragües y Oroz Valentín, Lucioni María del Carmen (2008). Epidemiología y salud comunitaria. Rosario: Corpus</li> <li>- Malagón-Londoño G, Moncayo Medina A (2011). Salud pública. Perspectivas. Bogotá:Editorial Médica Panamericana</li> <li>- Martínez Rodríguez, Alicia (2008). Fisioterapia en atención primaria . Madrid: Síntesis</li> <li>- Piédrola Gil, Gonzalo (2016). Medicina Preventiva y salud pública. Barcelona: Elsevier Masson</li> <li>- Amando Martín Zurro, Gloria Jodar Solà (2018). Atención familiar y salud comunitaria : conceptos y materiales para docentes y estudiantes. Barcelona: Elsevier</li> </ul>
<b>Complementary</b>	

### Recommendations

#### Subjects that it is recommended to have taken before

THEORICAL FRAMEWORK OF PHYSIOTHERAPY AND PHYSICAL REHABILITATION/651G01006  
 PSYCHOLOGY/651G01012  
 CLINICAL TRAINING I/651G01035

#### Subjects that are recommended to be taken simultaneously

DOCUMENTATION AND HEALTH STATISTICS/651G01028  
 LEGISLATION AND HEALTH MANAGEMENT/651G01029

#### Subjects that continue the syllabus

FINAL DISSERTATION/651G01034

#### Other comments

To organize the work to go manage the study and implementation of self working activities throughout the whole semester, in order to facilitate learning and success in the evaluation. To achieve a sustainable environment and comply with the strategic objectives of the Green Campus Plan, of this Faculty, the documentary work carried out in this area may be requested in both paper and virtual formats. If it would be done on paper, the following recommendations will be followed as far as possible: - no plastics will be used- double-sided prints will be made- recycled paper will be used-drafts will be avoided

(\*The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.