



## Teaching Guide

Identifying Data					2023/24
Subject (*)	Clinic Psychology	Code	653540018		
Study programme	Máster Universitario en Xerontoloxía				
Descriptors					
Cycle	Period	Year	Type	Credits	
Official Master's Degree	2nd four-month period	First	Optional	3	
Language	Spanish				
Teaching method	Face-to-face				
Prerequisites					
Department	Fisioterapia, Medicina e Ciencias Biomédicas				
Coordinador	Lorenzo López, Laura	E-mail	laura.lorenzo.lopez@udc.es		
Lecturers	Lorenzo López, Laura	E-mail	laura.lorenzo.lopez@udc.es		
Web	estudos.udc.es/es/subject/4540V01/4540018/2023				
General description	Obtain knowledge about the main cognitive and behavioral changes occurring during the aging process, both normal and pathological. Familiarize with the most commonly used assessment instruments to assess psychopathological and behavioral disturbances in older adults. Engage in psychological intervention with older adults.				

## Study programme competences

Code	Study programme competences
A1	To be able to recognize the main pathologies and geriatric syndromes through the application of new and innovative work methodologies adapted to the field of gerontology
A3	To be able to incorporate the Geronto-geriatric intervention methodology into the individualized intervention plans
A4	To be able to assume responsibility for their own professional development and their specialization in both the socio-health and health care for the older people in order to join the interdisciplinary teams of Geronto-geriatric assessment and intervention
A7	Acquire advanced knowledge and demonstrating, in a context of scientific and technological or highly specialized research, a detailed and informed understanding of the theoretical and practical aspects and the methodology of work in the field of Gerontology
A8	Know how to apply and integrate the knowledge acquired, the understanding of these, its scientific foundation and its problem-solving capabilities in social and socio-sanitary environments and defined in an imprecise way, including multidisciplinary contexts both researchers and professionals in the field of gerontology
B2	That students know how to apply the knowledge acquired and their ability to solving problems in new or little-known environments within broader (or multidisciplinary) contexts related to gerontology and geriatrics
B3	That students are able to integrate knowledge and face the complexity of making judgments from information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments.
B4	That students know how to communicate their conclusions ? and the knowledge and ultimate reasons that support them ? to specialized and non-specialized audiences in a clear and unambiguous way
C7	Developing the ability to work in interdisciplinary or transdisciplinary teams in order to offer proposals that can contribute to a sustainable environmental, economic, political and social development
C11	Know how to disseminate the results obtained in the development of its activity through the sources of information available to the scientific community
C13	Know the possibilities of research in the field of gerontology in order to motivate students to join it, enabling the realization of doctoral theses

## Learning outcomes

Learning outcomes	Study programme competences



To know how to transfer theoretical knowledge to different real situations of specific areas of intervention in clinical psychology.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3 BC4	CC7 CC11 CC13
To know how to manage psychological methods for diagnostic and treatment in the psychology of aging field.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3	CC13
To be able to assess, interpret and adequately synthesize information from evaluation and psychological diagnostic techniques.	AJ1 AJ3 AJ4 AR2 AC1	BC2 BC3 BC4	CC7 CC11 CC13
Manage and develop methodologies for specific intervention for the older population.	AJ3 AR2 AC1	BC2 BC3	CC11 CC13

Contents	
Topic	Sub-topic
BLOCK 1. Clinical psychology and aging	Theme 1. Introduction to the clinical psychology of aging and methodology.
BLOCK 2. Cognition and aging	Theme 2. Cognition and aging.
BLOCK 3. Psychopathology in aging	Theme 3. Affective disorders: Anxiety and depression. Theme 4. Psychotic disorders and delirium.
BLOCK 4. Personality, adaptation and change in aging	Theme 5. Personality and aging. Theme 6. Sexuality in aging. Theme 7. Retirement, death and bereavement. Theme 8. Health promotion and active aging.

Planning				
Methodologies / tests	Competencies	Ordinary class hours	Student's personal work hours	Total hours
Guest lecture / keynote speech	A1 A3 A4 A7 A8 B2 B3 B4	12	15	27
Workshop	A1 A3 A4 A7 A8 B2 B3 B4 C7 C11 C13	2	2	4
Supervised projects	A1 A3 A4 A7 A8 C7 C11 C13	2	25	27
Multiple-choice questions	A1 A3 A4 A7 A8 B2 B3 B4 C11 C13	3	12	15
Personalized attention		2	0	2

(\*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
Methodologies	Description
Guest lecture / keynote speech	Oral presentation by the teacher (expository teaching) guided by audiovisual media. Keynote sessions will aim to convey general knowledge about the subject and solve doubts. They will take place on Tuesdays from 4:00 to 6:00 p.m., on alternate weeks.



Workshop	Students will develop eminently practical tasks (both in the classroom and at home) on specific themes, with the support and supervision of the teacher: study of clinical cases, debate and discussion of specific contents of the subject, review, and analysis of papers selected by the teacher and related topics, videos, reviews of current news...
Supervised projects	The student will develop a supervised work (experimental or theoretical) related to the subject. Regardless of the type of selected work (experimental or theoretical), it will include the review of scientific articles (in Spanish and English) on the topic and a critical appraisal of them. The work must be exposed in class with the support of audiovisual media.
Multiple-choice questions	The topics treated in class during the keynote sessions will have to be overcome by a written test consisting of 30 questions with 4 response options.

**Personalized attention**

Methodologies	Description
Workshop Supervised projects	<p>The tutoring of supervised projects and practical exercises required in the workshops can be done in the tutorial hours or by email: laura.lorenzo.lopez@udc.es. In addition to the personalized attention that students demand, there will be two mandatory meetings to carry out the monitoring of the supervised work. The form and the time in which these mandatory meetings will take place will be indicated throughout the course.</p> <p>Students with part-time dedication and academic waiver of exemption from attendance recognition must indicate it at the beginning of the course to adopt appropriate measures of attention in each case.</p>

**Assessment**

Methodologies	Competencies	Description	Qualification
Workshop	A1 A3 A4 A7 A8 B2 B3 B4 C7 C11 C13	The active participation will be evaluated taking into account the ability to solve cases, and the ability to work as a team. This qualification will contribute to 20% of the total qualification of the student.	20
Supervised projects	A1 A3 A4 A7 A8 C7 C11 C13	The ability to synthesize and critically assess the topic studied will be evaluated, as well as the content and format of the work, and its oral presentation. The qualification of the supervised project will contribute to 40% of the total grade of the subject.	40
Multiple-choice questions	A1 A3 A4 A7 A8 B2 B3 B4 C11 C13	Test type exam consisting of 30 questions with 4 answer options, being only one correct answer. Each question poorly answered will subtract 0.25 points, not subtracting the unanswered ones. Formula: $(Hits - (Errors * 0,25)) * 10/30$ . This qualification will contribute to 40% of the total grade of the student.	40

**Assessment comments**

The fraudulent performance of the evaluation tests or activities, once verified, will directly imply the grade of "fail" in the call in which the fault is committed and with respect to the subject in which it is committed: the student will be graded with "fail" (numerical grade 0) in the corresponding call of the academic year, whether the commission of the fault occurs in the first opportunity or in the second one. For this, the student's grade will be modified in the first opportunity report, if necessary.

**Sources of information**

<b>Basic</b>	<p>Belsky, J.K. (2001). Psicología del Envejecimiento. Paraninfo. Madrid.Fernandez-Ballesteros, R. (2007). GeroPsychology. European Perspectives for an Aging World. Hogrefe. Washington.Fernandez-Ballesteros, R. (2009). Psicología de la vejez. Una psicogerontología aplicada. Pirámide. Madrid.Fernández Liria, A., Rodríguez Vega, B. (2006). Habilidades de entrevista para psicoterapeutas. Desclee. Bilbao.Izal, M., Montorio, I. (1999). Gerontología Conductual. Bases para la intervención y ámbitos de aplicación. Editorial Síntesis. Madrid. Montorio, I., Izal, M. (2000). Intervención psicológica en la vejez. Aplicaciones en el ámbito clínico y de la salud. Síntesis. Madrid.Muñoz Tortosa., J. (2002). Psicología del envejecimiento. Pirámide. Madrid.Triadó, C., Villar, F. (2006). Psicología de la vejez. Alianza Editorial. Madrid.</p>
<b>Complementary</b>	



## Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Assessment in Gerontology/653540002

Non-Pharmacological Intervention in Dementias/653540019

Subjects that continue the syllabus

Other comments

GENERAL RECOMMENDATIONS: To attend the face-to-face/telematic sessions To work continuously throughout the course Whenever there is a doubt attend tutorials Correctly prepare the oral presentation of the work According to the different regulations applicable to university teaching, the gender perspective must be incorporated in this subject:

Non-sexist language will

be used, bibliography of authors of both sexes will be used, participation of male and female students in class will be encouraged...

Work will be done to

identify and modify sexist prejudices and attitudes and to influence the environment to modify them and promote values of respect and equality.

Situations of gender

discrimination should be detected and actions and measures to correct them will be proposed.

GREEN CAMPUS: To achieve a sustainable

immediate environment and meet the strategic objective 2 of the fifth Plan of sustainability - environmental Green Campus FCS 2023-2025, the documentary work carried out on this subject:

Will be mostly requested in a virtual format and computer support If paper is used:

Do not use plastics

Use double-sided printing

Use recycled paper Prevent the realization of drafts

(\* )The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.