



## Teaching Guide

Identifying Data				2023/24
Subject (*)	Biological Basis and Physical Human Movement	Code	750G02106	
Study programme	Grao en Podoloxía			
Descriptors				
Cycle	Period	Year	Type	Credits
Graduate	1st four-month period	First	Basic training	6
Language	SpanishGalician			
Teaching method	Face-to-face			
Prerequisites				
Department	BioloxíaEnxeñaría Naval e Industrial			
Coordinador	Folgueira Otero, Mónica	E-mail	m.folgueira@udc.es	
Lecturers	Cuadrado Aranda, Francisco Javier Folgueira Otero, Mónica Lamas Criado, Iban Lugris Armesto, Urbano	E-mail	javier.cuadrado@udc.es m.folgueira@udc.es iban.lamas@udc.es urbano.lugris@udc.es	
Web	campusvirtual.udc.gal/			
General description	Physical bases: The necessary knowledge of mechanics will be provided to understand the analysis of the human gait. Biological bases: necessary knowledge about animal cells and tissues, cell pathology, tumors and cancer will be provided.			

## Study programme competences / results

Code	Study programme competences / results
A67	CE3 - Adquirir coñecementos sobre a composición e organización da materia dos seres vivos, bioloxía celular e tisular, histoloxía e xenética
A69	CE5 - Coñecer os principios físicos aplicables á marcha humana
A72	CE8 - Coñecer a patoloxía celular, as alteracións do crecemento celular e reparación tisular, os principios da anatomía patolóxica e a nomenclatura e clasificación das neoplasias
B23	CB1 - Que os estudantes demostrasen posuír e comprender coñecementos nunha área de estudo que parte da base da educación secundaria xeral, e adóitase atopar a un nivel que, aínda que se apoia en libros de texto avanzados, inclúe tamén algúns aspectos que implican coñecementos procedentes da vangarda do seu campo de estudo
B29	CG02 - Coñecer a estrutura e función do corpo humano en especial da extremidade inferior, semioloxía, mecanismos, causas e manifestacións xerais da enfermidade e métodos de diagnóstico dos procesos patolóxicos médicos e cirúrxicos, interrelacionando a patoloxía xeral coa patoloxía do pé.
B35	CG08 - Adquirir habilidades de traballo nas contornas educativo e investigador, asistencial-sanitario, así como en equipos uniprofesionais e multiprofesionais. Asesorar na elaboración e execución de políticas de atención e educación sobre temas relacionados coa prevención e asistencia podolóxica
B39	CG12 -Capacidade para a cooperación, o traballo en equipo e a aprendizaxe colaborativo en contornas interdisciplinares
C9	CT01 - Expresarse correctamente, tanto de forma oral como escrita, nas linguas oficiais da comunidade autónoma
C11	CT03 - Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida

## Learning outcomes

Learning outcomes	Study programme competences / results		
Composición y organización de los seres vivos. Biología celular. Histología humana y principios de anatomía patológica. Principios de Genética	A67		C9
Patología celular, alteraciones del crecimiento celular y reparación tisular. Nomenclatura y clasificación de las neoplasias	A72		C9



Principios físicos aplicables á marcha humana	A69	B29	
Cinemática e dinámica	A69	B29	
Tecnoloxías de análise de movemento 3D, captura de movemento y medición de forzas	A69	B23	C11
Traballo, enerxía y potencia mecánica	A69	B35 B39	

Contents	
Topic	Sub-topic
BLOQUE I. BIOLOXÍA DE CÉLULAS E TECIDOS	Composición e organización dos seres vivos. Bioloxía celular. Principios de histoloxía humana e anatomía patolóxica. Principios de xenética. Patoloxía celular, alteracións do crecemento celular e reparación de tecidos. Nomenclatura e clasificación das neoplasias.
BLOQUE II. BASES FÍSICAS DO MOVEMENTO HUMANO	Principios físicos aplicables á marcha humana. Cinemática. Dinámica. Traballo, enerxía e potencia mecánica. Tecnoloxías de análises de movemento 3D, captura de movemento e medición de forzas.

Planning				
Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Laboratory practice	A67 A69 B39 C9	9	3	12
Problem solving	A69 B23 B29	2	4	6
Supervised projects	A67 A69 A72 B23 B29 B35 B39 C9 C11	3	9	12
Mixed objective/subjective test	A67 A69 A72 B23 C9	5	1	6
Guest lecture / keynote speech	A67 A69 A72 B23 B29	42	70	112
Personalized attention		2	0	2

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
Methodologies	Description
Laboratory practice	Biological Bases: Use of the microscope. Observation and study of histological samples. Physical Bases: The students will attend a gait analysis session. They will first look at how reflective markers and EMG electrodes are placed on the body, how force plates are positioned, and how capture is performed. Next, you will see what results are obtained and what is the analysis of them. Subsequently, they must carry out, in groups, a report in which they explain what the gait analysis is, in their own words, taking internet resources, etc.
Problem solving	Problem resolution. The students take notes.
Supervised projects	Biological Bases: In groups, the students will make a presentation where they expose the cellular and genetic bases of a human pathology. Physical Bases: The students must carry out a work, in groups, in which some application of the gait analysis is shown. Later, work will be presented in class during one of the practical sessions.
Mixed objective/subjective test	Physical bases: consistent in solving problems. Biological bases: identification of structures in histological images, test questions with 3 options where only one of them is true and short questions. There will be a test in the middle of the first semester and a final test.



Guest lecture / keynote speech	The contents of the subject are exposed, with the help of digital media. Students must take notes and study the subject on their own, with the support of the teacher through tutorials. To determine the assimilation of the various concepts by the students, some brief tasks will be carried out during the master sessions and / or through moodle.
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### Personalized attention

Methodologies	Description
Laboratory practice Supervised projects	<p><b>Biological Bases:</b> In the tissue study laboratory practices, the student will have the help of the teacher to handle the microscope and the rest of the material used, as well as to identify structures in the various samples analyzed. To raise questions about the development of supervised work or the theory of the biological bases of human movement, students can go to tutorials. The student may also attend tutorials to raise doubts about the contents exposed in the master classes.</p> <p><b>Physical Bases:</b> In the gait analysis laboratory practice, the student will have the availability of the teacher to clarify any doubts that may arise, either during the practical session or later, for the preparation of the report. In the same way, you will have the availability of the teacher to answer your questions during the preparation of the supervised work. In both cases you can go to the tutorials. In addition, in these tutorials, the student will also be able to pose the doubts that have arisen during the study of the theory and the preparation of the problems.</p> <p>In the case of students with academic dispensation, the student will be provided with the necessary material to study the subject, and the teacher will attend to the student during the tutorials whenever the student requests it, or at other times if he/she cannot attend the tutoring.</p>

### Assessment

Methodologies	Competencies / Results	Description	Qualification
Mixed objective/subjective test	A67 A69 A72 B23 C9	The student's responses to the exams will be evaluated, which will consist of two parts: Biological bases: test questions and short questions; identification of structures in histological images. Physical basis: problem solving.	70
Laboratory practice	A67 A69 B39 C9	The report and / or tasks to be delivered by the students to the teacher will be evaluated.	15
Supervised projects	A67 A69 A72 B23 B29 B35 B39 C9 C11	The presentation will be evaluated.	15

### Assessment comments



Biological Bases : the evaluation will consist of laboratory practices (5%), supervised project (5%) and test (40%). Physical Bases ; the evaluation will consist of laboratory practices (10%), supervised projects (10%) and test (30%). The evaluation system will be the same in the first and in the second opportunity. In the second opportunity, the oral presentation can be replaced by written work.

In the advanced opportunity, a mixed exam will be carried out that covers all the contents of the subject.

In the case of students with part-time enrollment, the evaluation system will be the same. This is true for both the first and second opportunities.

Students with academic waivers may opt for exam-based grading. To pass the exam, students must pass both the Biological Bases and the Physical Bases parts. To pass the subject, it is necessary to obtain a grade of 5 or higher in each block of the subject.

It is also necessary to pass the Biological Bases exam/s. For the award "Matrícula de Honor", priority will be given to students who pass the subject at the first opportunity.

In the first opportunity, it is considered "Not presented" when the student does not take the tests or the supervised works. In the second opportunity and advanced opportunity, it is considered "Not presented" if the student does not go for the exam. The fraudulent performance of the tests or evaluation activities, once verified, will directly imply the qualification of failing at the time it is committed: the student will be graded with "fail" (numerical grade 0) in the corresponding call for the course academic, whether the fraudulent performance occurs on the first opportunity or on the second. For this, their qualification will be modified in the first opportunity record, if necessary.

### Sources of information

<p><b>Basic</b></p>	<p>- Biología Celular:- Curtis, H; Barnes, NS; Schnek, A; Massarini, A. (2008). Biología. Ed. Médica Panamericana. 7ª Edición.- Freeman, S. (2010). Fundamentos de Biología. Ed. Pearson Internacional. - Biología Celular e Histología:- Paniagua, R; Nistal, M; Sesma, P; Álvarez-Uria, M; Anadón, R; Fraile, B; Sáez, FJ. Citología e Histología Vegetal y Animal. Ed. Interamericana McGraw-Hill.- cualquier edición- Histología:- Geneser, F. Histología . Ed. Médica Panamericana.- cualquier edición. - Junqueira, LC; Carneiro, J. Histología Básica. Texto y atlas. Ed. Elsevier.- cualquier edición.- Ross, MH; Pawlina W. Histología. Texto y Atlas Color con Biología Celular y Molecular. Ed. Médica Panamericana.- cualquier edición.- Welsch, U Histología. Ed. Médica Panamericana. 3ª edición.- cualquier edición.- Young, B; Heath, JW. Wheater's Histología Funcional. Texto y Atlas en color. Ed. Elsevier. 4ª Edición - cualquier edición.- Mecánica:- Beer, FP; Johnston, ER; Clausen, WE. Mecánica Vectorial para Ingenieros. Ed. McGraw-Hill. 7ª edición.- Meriam, JL; Kraige, LG. Mecánica para Ingenieros. Ed. Reverté. 3ª edición.- Análise de Marcha:- Whittle, MW. Gait Analysis, An Introduction. Ed. Elsevier. 4ª edición.</p>
<p><b>Complementary</b></p>	<p>- Biología General y Celular:- Campbell, NA; Reece, JB; Taylor, MR; Simor, EJ; Dickey JL. (2009). Biology. Concepts and connections. Ed. Pearson. 6ª Edición.- Mader, SS. (2007). ?Essentials of Biology?. Editorial McGraw Hill International.Welsch, U. (2008). Histologia. Ed. Médica Panamericana.- Histología:- Cui, D (2012). Histología con correlaciones funcionales y clínicas. Ed. Wolters Kluwer. - Kierszenbaum, A (2008). Histología y Biología Celular. Introducción a la anatomía patológica. Ed. Elsevier Mosby. 2ª Edición - Sepúlveda Saavedra, J (2012). Texto Atlas de Histología, Biología Celular y Tisular. Ed. McGraw-Hill.</p>

### Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Subjects that continue the syllabus

Human Physiology/750G02101

Microbiology and Parasitology/750G02107

Biomechanics of the Lower Limb/750G02111

Other comments



To help achieve an immediate and sustained contour and comply with the objective of action 5: "Healthy and sustainable environmental and social teaching and research" of the "Green Campus Ferrol Action Plan":

A delivery of horses that are carried out in this matter:

- Request in virtual format and / or computer support.
- It will be done through the website of the subject, in digital format, without the need for printing.
- If necessary, make them on paper: no plastics will be used; double-sided prints will be made; take recycled paper; Avoid printing drafts.

A sustainable use must be made of two resources and the prevention of negative impacts on the natural environment.- According to regulations for university teaching, gender perspective must be incorporated in this subject (non-sexist language will be used, all students will be encouraged to participate in class... )- Work will be done to identify and modify prejudices and sexist attitudes and influence the environment to modify them and promote values of respect and equality.- Situations of discrimination based on gender must be detected and actions and measures will be proposed to correct them.

**(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.**