



Teaching Guide				
Identifying Data				2023/24
Subject (*)	Preventive Podiatry	Code	750G02114	
Study programme	Grao en Podoloxía			
Descriptors				
Cycle	Period	Year	Type	Credits
Graduate	1st four-month period	Third	Obligatory	6
Language	SpanishGalician			
Teaching method	Face-to-face			
Prerequisites				
Department	Ciencias da Saúde			
Coordinador	López López, Daniel	E-mail	daniel.lopez.lopez@udc.es	
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Web	campusvirtual.udc.gal/			
General description	<p>A materia de Podoloxía Preventiva ten unha clara importancia de cara a que o alumnado, no marco do proceso de ensino-aprendizaxe da súa formación, desenvolva algunhas das habilidades e destrezas necesarias para mellorar a saúde das persoas en xeral e no tocante ao pé en particular.</p> <p>Xa que logo, o seu valor é moi significativo para os futuros podólogos, ao posibilitarlles comprender e actuar sobre o proceso de saúde-enfermidade en xeral e no ámbito particular do pé. Está enfocada á adopción das medidas preventivas axeitadas en cada situación, así como a realizar unha educación sanitaria preventiva nos pacientes, os sanitarios e as persoas.</p> <p>Por iso, dentro dos denominados procesos de promoción e prevención da saúde, faise fincapé na visión holística da saúde do pé, habida conta do seu interese e importancia dentro da tendencia actual da disciplina no mantemento e mellora da calidade de vida.</p>			

Study programme competences / results	
Code	Study programme competences / results
A96	CE32 - Identificar e analizar os problemas de saúde do pé nos diferentes aspectos ambientais, biodinámicos e sociais, así como unha aprendizaxe relativa á avaliación dos feitos cientificamente probados e á análise dos datos en xeral, para aplicar a Podoloxía Baseada na Evidencia Científica
A97	CE33 - Coñecer e aplicar estratexias de prevención e educación e os métodos de educación para a saúde en podoloxía preventiva e deseñar e avaliar os programas de educación para a saúde en Podoloxía
A98	CE34 -Coñecer os problemas de saúde laboral no exercicio da profesión e os seus factores etiolóxicos e aplicar os métodos de prevención de riscos laborais en Podoloxía
A99	CE35 -Coñecer a Antropoloxía da Saúde e a Enfermidade
B25	CB3 -- Que os estudantes teñan a capacidade de reunir e interpretar datos relevantes (normalmente dentro da súa área de estudo) para emitir xuízos que inclúan unha reflexión sobre temas relevantes de índole social, científica ou ética
B26	CB4 -Que os estudantes poidan transmitir información, ideas, problemas e solucións a un público tanto especializado como non especializado
B27	CB5 -Que os estudantes desenvolvesen aquelas habilidades de aprendizaxe necesarias para emprender estudos posteriores cun alto grao de autonomía
B28	CG01 - Coñecer e aplicar os fundamentos teóricos e metodolóxicos da Podoloxía e Podiatría
B30	CG03 - Obter a capacidade, habilidade e destreza necesarias para diagnosticar, prescribir, indicar, realizar e/ou elaborar e avaliar calquera tipo de tratamento podolóxico, ortopodolóxico, quiropodolóxico, cirurxía podolóxica, físico, farmacolóxico, preventivo e/ ou educativo, baseado na Historia clínica
B34	CG07 - Coñecer, deseñar e aplicar programas preventivos relacionados coa podoloxía e o fomento da atención podolóxica na poboación
B36	CG09 -Valorar de forma crítica a terminoloxía, ensaios clínicos e metodoloxía utilizados na investigación relacionada coa podoloxía



B37	CG10 - Identificar que o exercicio da profesión está asentado no respecto á autonomía do paciente, ás súas crenzas, cultura, determinantes xenéticos, demográficos e socioeconómicos, aplicando os principios de xustiza social e comprendendo as implicacións éticas nun contexto mundial en transformación
B39	CG12 -Capacidade para a cooperación, o traballo en equipo e a aprendizaxe colaborativo en contornas interdisciplinares
C9	CT01 - Expresarse correctamente, tanto de forma oral como escrita, nas linguas oficiais da comunidade autónoma
C11	CT03 - Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida
C12	CT04 - Desenvolver o exercicio dunha cidadanía respectuosa coa cultura democrática, os dereitos humanos e a perspectiva de xénero
C14	CT06 - Adquirir habilidades para a vida e hábitos, rutinas e estilos de vida saudables
C15	CT07 - Desenvolver a capacidade de traballar en equipos interdisciplinares ou transdisciplinares, para ofrecer propostas que contribúan a un desenvolvemento sustentable ambiental, económico, político e social
C16	CT08 - Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade
C17	CT09 - Ter a capacidade de xestionar tempos e recursos: desenvolver plans, priorizar actividades, identificar as críticas, establecer prazos e cumprilos

Learning outcomes			
Learning outcomes	Study programme competences / results		
Identify and analyze the problems of foot health to environmental, biodynamic and social aspects.	A96	B25 B26	C9
Foster on the evaluation of scientifically established facts and the analysis of learning data in general to apply Podiatry Based on Scientific Evidence.	A97	B34	C16
Learn to design and implement strategies and programs for prevention and health education in podiatry, podiatric and methods of health education.	A99	B28 B36	C14 C15
Meet and take podiatric occupational health and prevention of occupational hazards in podiatry.	A98	B30 B37	C17
Designing and evaluating programs of health education.	A97	B27	C11
Meet the anthropology of Health and Illness, sanitation and disinfection.	A99	B39	C12

Contents	
Topic	Sub-topic
1. General	a. Concepts related to the subject of Preventive Podiatry. b. Natural History of Disease Prevention and podiatric levels. c. Characteristics of each level of health care. Primary Health Care. d. Child programs in adults geriatrics and patients with special needs. e. Present and Future of Podiatry Preventive.
2. Podiatry Preventive Strategies.	a. Prevention Strategies. Epidemiological surveillance. b. Prevention Strategies. Health Promotion in Podiatry. Podiatric hygiene. c. Concepts of strategies. Podiatry Preventive Strategies votes.
3. Podiatric Health Program. Sifted.	a. Discussion and analysis of Podiatric Health Programs. b. Exploration of foot systematic learning to value: morphology, mobility, and support gear. Performing and interpreting specific footprints in children or adults.
4. Podiatric Health Education.	a. Assess the health of a population, relating Podiatry Preventive, by analyzing and interpreting indicators of public health or the experience gained by the students themselves participants in the workshop. b. Analysis and organization of podiatric health education activities, objectives and designing activities aimed at different sectors of the population.



5. Occupational Health and Preventive Podiatry. Podiatrist Risk Professionals.	<ul style="list-style-type: none"> <li>a. Labor Podiatry. Surveillance podiatric health.</li> <li>b. Occupational Risk Act.</li> <li>c. Occupational risks in Podiatry and prevention.</li> <li>d. Hospital waste management.</li> </ul>
6. Podiatry Preventive Communicable Diseases.	<ul style="list-style-type: none"> <li>a. General Bases of the prevention of communicable diseases.</li> <li>b. General epidemiology of communicable diseases.</li> <li>c. Preventive foot care in viral infections, Polio, Hepatitis and HIV / AIDS.</li> <li>d. Podiatry Preventive tetanus.</li> <li>e. Health actions on the subject susceptible. Vaccinations, sera and immunoglobulins. chemoprophylaxis</li> <li>f. Preventive foot care in mycosis. Dermatomycoses. Onychomycosis.</li> <li>g. Podiatry Preventive other communicable diseases in plantar warts.</li> </ul>
7. Podiatry Preventive Non communicable Diseases.	<ul style="list-style-type: none"> <li>a. Non communicable diseases. Chronic diseases.</li> <li>b. Non communicable diseases related to Podiatry.</li> <li>c. Preventive foot care in endocrine and metabolic diseases. Diabetic foot.</li> <li>d. Preventive foot care in diseases of the musculoskeletal system. Arthritis and Osteoarthritis.</li> <li>e. Podiatry Preventive dermal disorders and neurological origin. Leprosy and dermatitis.</li> </ul>
8. Role of the Podiatrist in Multidisciplinary Health Team.	<ul style="list-style-type: none"> <li>a. Definition, members and the current paradigm of a health team.</li> <li>b. Social Perception Foot Health.</li> <li>c. Benefits of a multidisciplinary team of foot health.</li> <li>d. Functions and Management of a team of health.</li> </ul>
9. Podiatry Preventive and Quality of Life.	<ul style="list-style-type: none"> <li>a. Levels of health and quality of life.</li> <li>b. Perception of quality of life and its components.</li> <li>c. Theoretical framework of the quality of life.</li> <li>d. Features, dimensions and quality assessment and life.</li> <li>e. Quality of life related to health in Podiatry.</li> </ul>

**Planning**

Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Objective test	A96 A97 A98 A99 B28	1.5	19.5	21
Guest lecture / keynote speech	B37 C12 C14 C15 C16	21	42	63
Seminar	B26 B27 B36 B39 C9 C11 C17	14	28	42
Laboratory practice	B25 B30 B34	9	9	18
Personalized attention		6	0	6

(\*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

**Methodologies**

Methodologies	Description
Objective test	50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff.



Guest lecture / keynote speech	<p>The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes.</p> <p>The keynote sessions will focus on the main contents of the syllabus.</p> <p>Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it.</p> <p>All material will be accessible to students in distance learning platform Moodle <a href="https://campusvirtual.udc.es/moodle/">https://campusvirtual.udc.es/moodle/</a>.</p>
Seminar	Seminar in specific topics of seminars teaching units of the syllabus of the subject on which group activities to be delivered through distance learning platform Moodle for further exposure in the art workshops will be developed will be addressed.
Laboratory practice	<p>A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas.</p> <p>Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas.</p>

### Personalized attention

Methodologies	Description
Objective test Guest lecture / keynote speech Seminar Laboratory practice	<p>The personalized service will run on a scheduled basis in times of teacher attention to students, to face service; and virtually, through email and other electronic means to enable the virtual platform.</p> <p>The personalized service is designed to solve any issue related to the different methodologies and / or contents of the subject.</p>

### Assessment

Methodologies	Competencies / Results	Description	Qualification
Objective test	A96 A97 A98 A99 B28	50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff.	65
Seminar	B26 B27 B36 B39 C9 C11 C17	<p>The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes.</p> <p>The keynote sessions will focus on the main contents of the syllabus.</p> <p>Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it.</p> <p>All material will be accessible to students in distance learning platform Moodle <a href="https://campusvirtual.udc.es/moodle/">https://campusvirtual.udc.es/moodle/</a>.</p>	20
Laboratory practice	B25 B30 B34	<p>A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas.</p> <p>Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas.</p>	15

### Assessment comments



In presenting the PREVENTIVE PODIATRY subject succinctly explain the program course, and the rules for the evaluation of it, to be made available to students in the distance learning platform Moodle, being sine qua non to pass the course in:

**1 First OPPORTUNITY CALL REGULAR:**

1.1 Attend 80% of the seminars, as well as implement the proposed activities and get a total score on a numerical scale of 1 to 10, from 5 (suitable), which only counted in the event of exceeding the consideration of the Final Test of the subject.

1.2 Getting the Test Final Test score on a numeric scale of 1 - 10 from 5 (suitable).

**2, SECOND REGULAR CALL, AND SUBSEQUENT CALLS EARLY OPPORTUNITY:**

2.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable).

2.2 The scores for the seminars but will not count the activities necessary to overcome to pass the subject in successive calls.

**3. PARTIAL TUITION PUPILS;**

3.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable).

Sources of information



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## Recommendations

Subjects that it is recommended to have taken before



Applied Psychology and Health/750G02105  
Podiatric Pathology I/750G02119  
Podiatric Orthopedics II/750G02116  
Digital Orthopedics and Footwear Therapy/750G02117  
General Pathology Applied in Podiatry/750G02102  
General Podiatry/750G02110  
General Concepts of Surgery/750G02127  
Bases for the Interpretation of Scientific Knowledge/750G02108  
Podiatric Orthopedics I/750G02115

**Subjects that are recommended to be taken simultaneously**

Dermatology/750G02124  
Podiatric Pathology II/750G02120  
Clinical Orthopedics/750G02118  
Podiatric Surgery 1/750G02128

**Subjects that continue the syllabus**

Podiatric Surgery 2/750G02129  
Final Dissertation/750G02133  
Practicum II/750G02135  
Practicum III/750G02136  
Practicum I/750G02134  
Sports Podiatry/750G02123  
Ethics, Legislation and Management in Podiatry/750G02113  
Diabetic Foot/750G02131

**Other comments**

Para o seguemento das diferentes metodoloxías na aula da materia recoméndase a utilización dun ordenador portátil que dispoña de conexión wifi. Asemade, ca finalidade de conquistar unha contorna inmediata sustentable e cumprir o obxectivo estratéxico do Plan de Sustentabilidade Medio-ambiental Green Campus FEP, tódolos traballos documentais que se realicen nesta materia serán entregados a través de Moodle, en formato dixital, sen necesidade de imprimilos. De realizarse en papel: - Non se empregarán plásticos. - Realizaráanse impresións a dobre cara. - Empregarase papel reciclado. - Evitaranse imprimir borradores.

(\*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.