



Teaching Guide

| Identifying Data | | | | | 2023/24 |
|----------------------------|--|---------------|---|-----------|---------|
| Subject (*) | Geriatric Pathology and Intervention | | Code | 653540008 | |
| Study programme | Máster Universitario en Xerontoloxía | | | | |
| Descriptors | | | | | |
| Cycle | Period | Year | Type | Credits | |
| Official Master's Degree | 2nd four-month period | First | Optional | 4 | |
| Language | SpanishGalician | | | | |
| Teaching method | Face-to-face | | | | |
| Prerequisites | | | | | |
| Department | Fisioterapia, Medicina e Ciencias Biomédicas | | | | |
| Coordinador | Crespo Leiro, María Generosa | E-mail | maria.generosa.crespo.leiro@udc.es | | |
| Lecturers | Cordido Carballido, Fernando Crespo Leiro, María Generosa Pérez Fontán, Miguel Toro Santos, Francisco Javier de Vilariño Vilariño, Maria Isabel | E-mail | fernando.cordido@udc.es maria.generosa.crespo.leiro@udc.es miguel.perez.fontan@udc.es javier.toro@udc.es isabel.vilarino@udc.es | | |
| Web | estudios.udc.es/gl/subject/4540V01/4540008/2021 | | | | |
| General description | Que o estudantado coñeza as principais alteracións da saúde e as pautas de avaliación e intervención nas principais enfermidades neurolóxicas, reumatolóxicas, hematolóxicas, do aparato respiratorio e cardiovasculares en pacientes de idade avanzada. | | | | |

Study programme competences / results

| Code | Study programme competences / results |
|------|---|
| A1 | To be able to recognize the main pathologies and geriatric syndromes through the application of new and innovative work methodologies adapted to the field of gerontology |
| A2 | Be able to apply the method of comprehensive geriatric and gerontological assessment in order to establish the bases for implementing the individualized care plan |
| A3 | To be able to incorporate the Geronto-geriatric intervention methodology into the individualized intervention plans |
| A4 | To be able to assume responsibility for their own professional development and their specialization in both the socio-health and health care for the older people in order to join the interdisciplinary teams of Geronto-geriatric assessment and intervention |
| A5 | Acquire knowledge that allows the student to establish the appropriate Geronto-geriatric resource according to the characteristics of the older person |
| A8 | Know how to apply and integrate the knowledge acquired, the understanding of these, its scientific foundation and its problem-solving capabilities in social and socio-sanitary environments and defined in an imprecise way, including multidisciplinary contexts both researchers and professionals in the field of gerontology |
| B1 | Possess and understand knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context |
| B2 | That students know how to apply the knowledge acquired and their ability to solving problems in new or little-known environments within broader (or multidisciplinary) contexts related to gerontology and geriatrics |
| B3 | That students are able to integrate knowledge and face the complexity of making judgments from information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments. |
| C6 | Acquiring skills for healthy lifestyles, and healthy habits and routines |
| C7 | Developing the ability to work in interdisciplinary or transdisciplinary teams in order to offer proposals that can contribute to a sustainable environmental, economic, political and social development |
| C9 | Ability to manage times and resources: developing plans, prioritizing activities, identifying critical points, establishing goals and accomplishing them |

Learning outcomes



| Learning outcomes | Study programme competences / results | | |
|--|--|-------------------|-------------------|
| Coñecer as enfermidades dos diferentes órganos e sistemas con maior prevalencia en persoas maiores | AJ1 AJ2 AJ3 AJ4 AJ5 AC1 | | |
| Coñecer as enfermidades dos diferentes órganos e sistemas con maior incidencia en persoas maiores | AJ1 AJ2 AJ3 AJ4 AJ5 | BC1 BC2 BC3 | |
| Coñecer as principais enfermidades crónicas que afectan ás persoas maiores | AJ1 AJ2 AJ3 AJ4 AJ5 | BC1 BC2 BC3 | |
| Coñecer e ser capaz de aplicar as principais pautas de intervención farmacolóxica empregadas en persoas maiores en relación coas patoloxías sufridas | AJ1 AJ2 AJ3 AJ4 AJ5 | BC1 BC2 BC3 | |
| Coñecer e ser capaz de aplicar os principios da rehabilitación en patoloxías neuro-musculares e musculoesqueléticas | AJ1 AJ2 AJ3 AJ4 AJ5 AC1 | BC1 BC2 BC3 | CC6 CC7 CC9 |

| Contents | |
|---|---|
| Topic | Sub-topic |
| TEMA 1. Patoloxía do sistema respiratorio | 1.- Tipos de Insuficiencia respiratoria. Enfermidade Pulmonar Obstrutiva Crónica. 2.- Infeccións respiratorias. Bronquites crónicas. Pneumonías. Tuberculose 3.- Tromboembolismo pulmonar. |
| TEMA 2. Oncoloxía xeriátrica | 1.- Epidemioloxía e etiopatogenia do cancro. 2.-Cancro colorrectal. 3.-Cancro broncopulmonar. 4.-Cancro de mama. Detección precoz e principais pautas terapéuticas |
| TEMA 3. Trastornos endocrinos e metabólico-nutricionais | 1. Valoración do estado nutricional. Sobre peso e obesidade. 2.-Malnutrición e deshidratación: Requirimentos nutricionais. 3.-Malnutrición proteico-calórica, Deshidratación. 4.-Diabetes mellitus. 5.-Hipercolesterolemia. 6.-Enfermidades da glándula tiroides: Hiper e hipotiroidismo. |



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| TEMA 4. Trastornos músculo-esqueléticos | <ul style="list-style-type: none"> 1.- Osteoartrosis e artrite inflamatorias 2.- Polimialgia reumática. 3.- Arteritis da temporal. 4.- Osteoporose e osteomalacia |
| TEMA 5. Trastornos neurolóxicos | <ul style="list-style-type: none"> 1.- Enfermidade vascular cerebral 2.- Demencias. 3.-Enfermidade de Parkinson |
| TEMA 6. Trastornos Gastrointestinales y Hepatobiliares | <ul style="list-style-type: none"> 1.- Trastornos Gastrointestinales: Patoloxía bucal, náuseas, vómitos e diarrea. Disfagia. 2.- Sangrado dixestivo. Abdome agudo. Obstrución intestinal. 3.-Hepatite e Cirrosis. 4.- Pancreatitis aguda e crónica. 5.-Tumores de fígado e páncreas. |
| TEMA 7. Trastornos do ril, do tracto urinario e da próstata | <ul style="list-style-type: none"> 1.- Infecciones Urinarias. Cistitis. Pielonefritis. 2.- Litiasis renal 3.- Hipertrofia Prostática. 4.- Cáncer de próstata |
| TEMA8. Patoloxía cardíaca | <ul style="list-style-type: none"> 1.- Hipertensión arterial e complicacións. 2.-Insuficiencia cardíaca. 3.-Cardiopatía isquémica. 4.-Valvulopatías. 3.-Trastornos do ritmo cardíaco. |
| TEMA 9. Patoloxía vascular periférica e Hematoloxía | <ul style="list-style-type: none"> 1.-Enfermidade arterial periférica. 2.-Trombosis venosa profunda. 3.-Anemias. 4.-Trastornos da coagulación. |

| Planning | | | | |
|---|--|--------------------------------------|-------------------------------|-------------|
| Methodologies / tests | Competencies / Results | Teaching hours (in-person & virtual) | Student?s personal work hours | Total hours |
| Multiple-choice questions | A1 A2 A3 A5 A4 A8 B1 B2 B3 C6 C7 C9 | 4 | 40 | 44 |
| Case study | A1 A2 A3 A4 B2 B3 C6 | 0 | 20 | 20 |
| Guest lecture / keynote speech | A1 A2 A3 A5 A4 A8 B1 B2 B3 C6 C7 C9 | 32 | 0 | 32 |
| Personalized attention | | 4 | 0 | 4 |
| (*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students. | | | | |

| Methodologies | |
|--------------------------------|---|
| Methodologies | Description |
| Multiple-choice questions | 40 preguntas de resposta múltiple onde unicamente unha resposta será correcta. O estudante deberá obter un 65% da puntuación máxima para superar a proba |
| Case study | Ao longo do curso, o alumnado deberá resolver dous casos clínicos de entre os desenvolvidos na materia |
| Guest lecture / keynote speech | Exposición oral complementada co uso de medios audiovisuais e a introdución dalgunhas preguntas dirixidas aos estudantes, coa finalidade de transmitir coñecementos e facilitar a aprendizaxe |

| Personalized attention | |
|------------------------|-------------|
| Methodologies | Description |
| | |



| | |
|---|---|
| Case study Guest lecture / keynote speech Multiple-choice questions | As metodoloxías expostas permitiran levar a cabo unha avaliación continuada do alumno, valorando a súa capacidade de atención, capacidade de estudo, e resolución de problemas clínicos diversos que afectan á poboación anciá. STUDENTS WITH RECOGNITION OF PART-TIME DEDICATION AND ACADEMIC EXEMPTION FROM ATTENDANCE, as established to "Rule that regulates the regime of dedication to the study of undergraduate students at the UDC" (Art.3.b and 4.5) and the "Rules of evaluation, review and claim of the qualifications of undergraduate studies and university master's degree (Art. 3 and 8b), students may request tutorials with the teaching staff of the subject whenever they need it, facilitating the face-to-face or virtual mode according to the availability of the student. |
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| Assessment | | | |
|--------------------------------|-------------------------------------|--|---------------|
| Methodologies | Competencies / Results | Description | Qualification |
| Case study | A1 A2 A3 A4 B2 B3 C6 | Ao longo do curso, o alumnado deberá resolver dous casos clínicos de entre os desenvolvidos na materia | 25 |
| Guest lecture / keynote speech | A1 A2 A3 A5 A4 A8 B1 B2 B3 C6 C7 C9 | Asistencia as clases | 10 |
| Multiple-choice questions | A1 A2 A3 A5 A4 A8 B1 B2 B3 C6 C7 C9 | 40 preguntas de resposta múltiple onde unicamente unha resposta será correcta. O estudante deberá obter un 65% da puntuación máxima para superar a proba | 65 |

| Assessment comments |
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| <p>A realización fraudulenta das probas ou actividades de avaliación, unha vez comprobada, implicará directamente a cualificación de ?suspense? na convocatoria en que se cometa: o/a estudante será cualificado con ?suspense? (nota numérica 0) na convocatoria correspondente do curso académico, tanto se a comisión da falta se produce na primeira oportunidade como na segunda. Para isto, procederase a modificar a súa cualificación na acta de primeira oportunidade, se fose necesario.</p> <p>STUDENTS WITH RECOGNITION OF PART-TIME DEDICATION AND ACADEMIC EXEMPTION FROM ATTENDANCE, as established by the "Norm that regulates the regime of dedication to the study of undergraduate students at the UDC" (Art.3.b and 4.5) and the "Rules of evaluation, review and claim of the qualifications of the undergraduate and master's degree studies (Art. 3 and 8b), the qualification referred to classroom attendance, will be replaced by the realization of a practical work linked to said training. In addition, in personalized tutorials they will be explained the work done in the classroom so that they can do it properly at home.</p> <p>Important supervised works:-The fraudulent performance of the tests or evaluation activities, once verified, will directly imply the loss of the right to the opportunity in which the fault is committed and with respect to the matter in which it was committed. Qualification of suspense in the call in which the lack is committed and respect for the subject in which it was committed: the student will be qualified with "suspense" (numerical grade 0) in the corresponding call of the academic year, both the commission of the fault occurs in the first opportunity and in the second. For this, their qualification will be modified in the first chance certificate, if necessary.</p> <p>As stated in the different regulations applicable to university teaching, the gender perspective must be incorporated in this matter (non-sexist language will be used, bibliography of authors of both sexes will be used, the intervention in class of students will be encouraged ...). Work will be done to identify and modify prejudices and sexist attitudes and influence the environment to modify them and promote values of respect and equality. Situations of discrimination based on gender should be detected and actions and measures proposed to correct them.</p> |

| Sources of information | |
|------------------------|---|
| Basic | <ul style="list-style-type: none"> - Ferreras-Rozman (2020). Medicina Interna, XIX Edición. Elsevier España - Harrison (2020). Principles of Internal Medicine. McGrawHill - Millan Calenti JC (2011). Gerontología y Geriatria. valoración e Intervención. Panamericana, Madrid - Millan Calenti JC (2006). Principios de Gerontología y Geriatria. McGrawHill - Mandell, Douglas y Bennet (2020). Principles and practice of Infectious Diseases. Elsevier |



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| Complementary | |
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Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Subjects that continue the syllabus

Other comments

To achieve a sustainable immediate environment and meet the strategic objective 2 of the fifth Plan of sustainability - environmental Green Campus FCS 2023-2025, the documentary work carried out on this subject: a. Will be mostly requested in a virtual format and computer support b. If paper is used: -Do not use plastics -Use double-sided printing -Use recycled paper -Prevent the realization of drafts

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.