



Teaching Guide

Identifying Data					2024/25
Subject (*)	Psychological Intervention in the Family			Code	652438025
Study programme	Mestrado Universitario en Psicoloxía Aplicada				
Descriptors					
Cycle	Period	Year	Type	Credits	
Official Master's Degree	1st four-month period	First	Obligatory	3	
Language	SpanishEnglish				
Teaching method	Face-to-face				
Prerequisites					
Department	Psicoloxía				
Coordinador	López Larrosa, Silvia	E-mail	silvia.lopez.larrosa@udc.es		
Lecturers	López Larrosa, Silvia	E-mail	silvia.lopez.larrosa@udc.es		
Web					
General description	This subject intends to approach students to the systemic characterization of the family and its intervention. It also aims to combine the training in family research and family intervention.				

Study programme competences / results

Code	Study programme competences / results
A1	To recognize and respect human diversity and to understand that psychological explanations may vary across populations and contexts.
A3	Being able to elaborate a scientific report which involves defining a research problem, the hypotheses and variables, and defining the design, the sample and its method of selection, the tools for collecting data and their subsequent analysis and discussion.
A4	Being able to achieve an adequate level of understanding of the recipient's demand in every situation or application context.
A5	Being able to perform a psychological evaluation in the context of a scientific investigation.
A6	Knowing how to specify the demand and the objectives of the case, and to collect the information depending on them.
A13	Knowing and being able to use the different models, theories, methods and assessment and intervention techniques that are specific of the different areas of research in Applied Psychology, and developing a critical attitude typical of the scientific spirit.
A19	Knowing and complying with the deontologic obligations of Applied Psychology.
B1	Capacity for analysis and synthesis.
B2	Capacity for organization and planning.
B5	Skills in interpersonal relations.
B6	Critical thinking.
B7	Ethical commitment.
B8	Autonomous learning.
C1	To express oneself, both orally and in writing, in the official languages of the autonomous region.
C2	To dominate the expression and understanding of a spoken and written foreign language.
C4	To develop for the exercise of an open, educated, critical, committed, democratic and supportive citizenship, capable of analyzing reality, diagnose problems, develop and deploy solutions based on knowledge and oriented to common good.
C7	To assume as professionals and citizens the importance of lifelong learning.
C8	Assessing the importance of research, innovation and technology development in the socio-economic and cultural progress of society.

Learning outcomes

Learning outcomes	Study programme competences / results		
Ser capaz de lograr un adecuado nivel de comprensión de la demanda del destinatario en cada situación o contexto de aplicación.	AR1		
	AR4		
Ser capaz de realizar una evaluación psicológica en el contexto de una investigación científica.	AR5		
Ser capaz de analizar críticamente las publicaciones científicas		BR1	



Mostrar un compromiso ético y profesional con respeto a las responsabilidades cívicas, sociales y globales	AR19	BR7	CC4
Ser capaz de comunicar los resultados de una investigación	AR3 AR6 AR13	BR6 BR8	CC1
Habilidades en las relaciones interpersonales.		BR5	
Ser capaz de analizar la documentación bibliográfica necesaria para un trabajo de investigación.		BR1 BR2	CC2 CC8
Resolución de problemas.	AR6		
Toma de decisiones.	AR1		
Capacidad de aplicar los conocimientos a la práctica.	AR3 AR4 AR5 AR6		
Capacidad de trabajar con un equipo interdisciplinario.		BR2	
Expresarse correctamente, tanto de forma oral como escrita, en las lenguas oficiales de la comunidad autónoma.			CC1
Dominar la expresión y la comprensión de forma oral y escrita de un idioma extranjero.			CC2
Asumir como profesional y ciudadano la importancia del aprendizaje a lo largo de la vida.			CC7
Coñecer e ser capaz de utilizar os diferentes modelos, teorías, métodos e técnicas de avaliación e intervención que son específicos dos distintos ámbitos da investigación en Psicoloxía Aplicada e desenvolver unha actitude crítica propia do espírito científico	AR13		
Recoñecer e respectar a diversidade humana e comprender que as explicacións psicolóxicas poden variar a través de poboacións e contextos.	AR1		
Aprendizaxe autónoma.		BR8	
Ser capaz de elaborar un informe científico que implique definir un problema de investigación, as hipóteses e variables asociadas, así como definir o deseño, a mostra e o seu modo de selección, as ferramentas de recollida de datos e a súa consecuente análise e discusión.	AR3		
Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade.			CC8
Saber como especificar a demanda e os obxectivos do caso, e en función deles, recoller a información	AR6		
Ser capaz de diseñar instrumentos de recogida de información en programas de intervención psicológica.	AR5		
Compromiso ético.		BR7	
Motivación por la calidad.			CC8
Coñecer e axustarse ás obrigacións deontolóxicas da Psicoloxía Aplicada.	AR19		
Capacidade de análise e síntese		BR1	
Capacidade de organización e planificación.		BR2	
Razoamento crítico.		BR6	
Desenvolverse para o exercicio dunha cidadanía aberta, culta, crítica, comprometida, democrática e solidaria, capaz de analizar a realidade, diagnosticar problemas, formular e implantar solucións baseadas no coñecemento e orientadas ao ben común.			CC4

Contents	
Topic	Sub-topic
1. Family and family diversity	1.1. La familia: tipología y diversidad familiar 1.2. La familia como sistema 1.3. La carrera o ciclo familiar 1.3. La ecología de la familia
2. Family dynamics	2.1. Procesos familiares 2.2. Evaluación familiar



3. Interviews with families: family sessions	3.1. Entrevista inicial: creando un marco de relación 3.2. Entrevistas sucesivas 3.3 El cierre.
4. Therapy and psychoeducational interventions	4.1. Escuelas de terapia familiar 4.2. La terapia familiar en la práctica 4.3. Intervenciones psicoeducativas: grupales e individuales
5. Services that attend families	5.1. Programas de intervención familiar 5.2. La ética en las intervenciones familiares 5.3. Investigación en el ámbito de las intervenciones familiares

Planning				
Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Introductory activities	A5 C8	1	0	1
Workbook	A13 A19 B1 C2 C4 C7	0	18	18
Simulation	A1 A4 A6 B5 B7 C1	8	1	9
Guest lecture / keynote speech	A13 A19 B1	9	0	9
Document analysis	A3 A13 B1 B6	2	11	13
Multiple-choice questions	A13 B2 B8	1	20	21
Personalized attention		4	0	4

(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies	
Methodologies	Description
Introductory activities	Information about the subject, procedures, evaluation and expectations about the subject.
Workbook	Several readings will be compulsory.
Simulation	Role playings will refer to families either real or not (with fictional names). Role playings will have to do with individual (one family) and group sessions.
Guest lecture / keynote speech	The teacher will talk.
Document analysis	Documents that students should analyze and about which they will have to answer several questions.
Multiple-choice questions	Quiz exam with three options and just one right answer.

Personalized attention	
Methodologies	Description
Document analysis Workbook	Tutoring will try to guide students in their learning process, solve questions and guide future steps concerning this subject. It will happen in the classroom, in the teacher's office (P2A9), by phone (881014678), e-mail (silvia.lopez.larrosa@udc.es) or using Teams or any other system that the University offers. Attention will be individual or in group depending on the teacher's criteria or the suggestions of the students.

Assessment			
Methodologies	Competencies / Results	Description	Qualification
Multiple-choice questions	A13 B2 B8	The exam will have 30 questions and three possible answers with just one right answer. Two mistakes will subtract one right answer.	35
Document analysis	A3 A13 B1 B6	Students will have to analyze and use different documents. Group activity.	35



Simulation	A1 A4 A6 B5 B7 C1	Students will simulate as professionals or family members.	30
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Assessment comments

This evaluation applies to attending students (attendance rate of 80% or higher) during the whole academic year. Those students who are allowed not to attend, should take an exam (50%), role-playing (25%) and summarize readings chosen from a list that will be provided by the teacher (25%). These apply to the whole academic year. All issues related to academic waiver, dedication to study, permanence, and academic fraud will be regulated by the current UDC's academic regulation.

Sources of information

Basic	<ul style="list-style-type: none"> - Abad, M. (2001). La perspectiva ética de los códigos de conducta en terapia familiar. Cuadernos de terapia familiar, 48-49 - Bertrando, P. y Toffanetti, D. (2004). Historia de la terapia familiar. Barcelona: Paidós - Equipo EIF (2008). Manual de instrumentos de evaluación familiar. Madrid: CCS - Gee, E. y otros (2018). Children and families in the digital age. New York: Routledge - Goldenberg. I. y Goldernberg, H. (2004). Family therapy. Brooks/Cole - Kumpfer, K.L., Magalhaes, C. y Xie, J. (2012). Cultural adaptations of evidence-based family interventions to strengthen families and improve children's developmental outcomes. European Journal of Developmental Psychology, 9, 104-116. - López Larrosa, S. (2009). La relación familia-escuela. Madrid: CCS - López Larrosa, S. y Escudero, V. (2003). Familia, evaluación e intervención. Madrid: CCS - López Larrosa y González Seijas (2017). MUPO. Mentés Únicas. Programas para la mejora socioemocional de las dificultades de aprendizaje. Madrid: Pirámide - Mayfield, K.T & Fosco, C.M. (2020). Links Between School and Home: Associations Between Adolescent School Day Experiences and Maternal Perceptions of Family Relations. Journal of Child and Family Studies, 30,121?133 https://doi.org/10.1007/s10826-020-01865-4 - Mc Goldrick, M. y Gerson, R. (2008). Genogramas en evaluación familiar. Buenos Aires: Paidós - Rivett, M. & Buchmüller, J. (2018). Family therapy. Skills and techniques. Abingdon, Oxon, UK: Routledge. - Rodríguez-Arias, J.L. y Venero, M. (2005). Terapia familiar breve. Madrid: CCS - Rodrigo y otros (2008). Preservación familiar. Madrid: Pirámide <p>Ó comezar a asignatura se proporcionará bibliografía recomendada ademáis da indicada en este apartado. Sempre que o desexen, poden consultar coa docente acerca de outras fontes bibliográficas. Se recorda a importancia de consultar bases de datos como Web of Science, Pycinfo, Scopus, etc, esto é, bases de datos científicas, para obter información bibliográfica.</p>
Complementary	<ul style="list-style-type: none"> - Canário, A.C.; Byrne, S.; Creasey, N.; Kodyová, E.; Kömürcü Akik, B.; Lewandowska-Walter, A.; Modi´ (2022). The Use of Information and Communication Technologies in Family Support across Europe: A Narrative Review. International Journal of Environmental Research and Public Health, 19, 1488. https://doi.org/10.3390

Recommendations

Subjects that it is recommended to have taken before

Subjects that are recommended to be taken simultaneously

Subjects that continue the syllabus

Other comments

It is highly recommended that you plan ahead so you have time to present the different tasks that are required in this subject. Written tasks will be uploaded in Moodle in order to avoid paper waste and natural resource consumption. Students of any gender and those with physical, sensorial, psychological or sociocultural difficulties will be offered an equalitarian access to the University life.

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.