



## Teaching Guide

Teaching Guide				
Identifying Data				2024/25
Subject (*)	Clinic Psychology	Code		653540018
Study programme	Máster Universitario en Xerontoloxía			
Descriptors				
Cycle	Period	Year	Type	Credits
Official Master's Degree	2nd four-month period	First	Optional	3
Language	Spanish			
Teaching method	Face-to-face			
Prerequisites				
Department	Fisioterapia, Medicina e Ciencias Biomédicas			
Coordinador	Lorenzo López, Laura	E-mail	laura.lorenzo.lopez@udc.es	
Lecturers	Lorenzo López, Laura	E-mail	laura.lorenzo.lopez@udc.es	
Web	estudos.udc.es/gl/subject/4540V01/4540018/2024			
General description	Obtain knowledge about the main cognitive and behavioral changes occurring during the aging process, both normal and pathological. Familiarize with the most commonly used assessment instruments to assess psychopathological and behavioral disturbances in older adults. Engage in psychological intervention with older adults.			

## Study programme competences / results

Code	Study programme competences / results
A9	CE1. To train and accredit professionals in the field of Gerontology
A10	CE2. To know the main social and socio-health problems affecting the elderly population and be able to detect them and act accordingly
A11	CE3. To know the main geriatric pathologies and syndromes affecting the elderly
A13	CE5. To know the main geriatric intervention guidelines in order to be able to incorporate them into individualised care plans
A14	CE6. To be able to join interdisciplinary geriatric assessment and intervention teams, both in the socio-health and health fields
B2	CG2. That students know how to apply the knowledge acquired and their ability to solving problems in new or little-known environments within broader (or multidisciplinary) contexts related to gerontology and geriatrics
B3	CG3. That students are able to integrate knowledge and face the complexity of making judgments from information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments.
B4	CG4. That students know how to communicate their conclusions ? and the knowledge and ultimate reasons that support them ? to specialized and non-specialized audiences in a clear and unambiguous way
C15	CT2. Know how to disseminate the results obtained in the development of their activity through the sources of information available to the scientific community
C17	CT4. To encourage the incorporation of professionals in the field of research, facilitating the completion of doctoral theses

## Learning outcomes

Learning outcomes	Study programme competences / results		
To know how to transfer theoretical knowledge to different real situations of specific areas of intervention in clinical psychology.	AC1 AC2 AC3 AC5 AC6	BC2 BC3 BC4	CC15 CC17
To know how to manage psychological methods for diagnostic and treatment in the psychology of aging field.	AC1 AC2 AC3 AC5 AC6	BC2 BC3	CC15



To be able to assess, interpret and adequately synthesize information from evaluation and psychological diagnostic techniques.	AC1 AC2 AC3 AC5 AC6	BC2 BC3 BC4	CC15 CC17
Manage and develop methodologies for specific intervention for the older population.	AC1 AC2 AC3 AC5 AC6	BC2 BC3	CC15 CC17

Contents	
Topic	Sub-topic
BLOCK 1. Clinical psychology and aging	Theme 1. Introduction to the clinical psychology of aging and methodology.
BLOCK 2. Cognition and aging	Theme 2. Cognition and aging.
BLOCK 3. Psychopathology in aging	Theme 3. Affective disorders: Anxiety and depression. Theme 4. Psychotic disorders and delirium.
BLOCK 4. Personality, adaptation and change in aging	Theme 5. Personality and aging. Theme 6. Sexuality in aging. Theme 7. Retirement, death and bereavement. Theme 8. Health promotion and active aging.

Planning				
Methodologies / tests	Competencies / Results	Teaching hours (in-person & virtual)	Student?s personal work hours	Total hours
Guest lecture / keynote speech	A9 A10 A11 A13 A14 B2 B3 B4	12	15	27
Workshop	A9 A10 A11 A13 A14 B2 B3 B4 C15 C17	2	2	4
Supervised projects	A9 A10 A11 A13 A14 C15 C17	2	25	27
Multiple-choice questions	A9 A10 A11 A13 A14 B2 B3 B4 C15 C17	3	12	15
Personalized attention		2	0	2
(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.				

Methodologies	
Methodologies	Description
Guest lecture / keynote speech	Oral presentation by the teacher (expository teaching) guided by audiovisual media. Keynote sessions will aim to convey general knowledge about the subject and solve doubts. They will take place on Tuesdays from 4:00 to 6:00 p.m., on alternate weeks.
Workshop	Students will develop eminently practical tasks (both in the classroom and at home) on specific themes, with the support and supervision of the teacher: study of clinical cases, debate and discussion of specific contents of the subject, review, and analysis of papers selected by the teacher and related topics, videos, reviews of current news...
Supervised projects	The student will develop a supervised work (experimental or theoretical) related to the subject. Regardless of the type of selected work (experimental or theoretical), it will include the review of scientific articles (in Spanish and English) on the topic and a critical appraisal of them. The work must be exposed in class with the support of audiovisual media.
Multiple-choice questions	The topics treated in class during the keynote sessions will have to be overcome by a written test consisting of 30 questions with 4 response options.



## Personalized attention

Methodologies	Description
Workshop Supervised projects	<p>The tutoring of supervised projects and practical exercises required in the workshops can be done in the tutorial hours or by email: <a href="mailto:laura.lorenzo.lopez@udc.es">laura.lorenzo.lopez@udc.es</a>. In addition to the personalized attention that students demand, there will be two mandatory meetings to carry out the monitoring of the supervised work. The form and the time in which these mandatory meetings will take place will be indicated throughout the course.</p> <p>Students with part-time dedication and academic waiver of exemption from attendance recognition must indicate it at the beginning of the course to adopt appropriate measures of attention in each case.</p>

## Assessment

Methodologies	Competencies / Results	Description	Qualification
Workshop	A9 A10 A11 A13 A14 B2 B3 B4 C15 C17	The active participation will be evaluated taking into account the ability to solve cases, and the ability to work as a team. This qualification will contribute to 20% of the total qualification of the student.	20
Supervised projects	A9 A10 A11 A13 A14 C15 C17	The ability to synthesize and critically assess the topic studied will be evaluated, as well as the content and format of the work, and its oral presentation. The qualification of the supervised project will contribute to 40% of the total grade of the subject.	40
Multiple-choice questions	A9 A10 A11 A13 A14 B2 B3 B4 C15 C17	Test type exam consisting of 30 questions with 4 answer options, being only one correct answer. Each question poorly answered will subtract 0.25 points, not subtracting the unanswered ones. Formula: $(\text{Hits} - (\text{Errors} * 0,25)) * 10/30$ . This qualification will contribute to 40% of the total grade of the student.	40

## Assessment comments

All aspects related to "academic dispensation", "dedication to study", "permanence" and "academic fraud" shall be governed in accordance with the current academic regulations of the UDC.
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## Sources of information

Basic	
Complementary	

## Recommendations

### Subjects that it is recommended to have taken before

### Subjects that are recommended to be taken simultaneously

Assessment in Gerontology/653540002

Non-Pharmacological Intervention in Dementias/653540019

### Subjects that continue the syllabus

## Other comments



GENERAL RECOMMENDATIONS: To attend the face-to-face/telematic sessions To work continuously throughout the course Whenever there is a doubt attend tutorials Correctly prepare the oral presentation of the work According to the different regulations applicable to university teaching, the gender perspective must be incorporated in this subject:

Non-sexist language will

be used, bibliography of authors of both sexes will be used, participation of male and female students in class will be encouraged....

Work will be done to

identify and modify sexist prejudices and attitudes and to influence the environment to modify them and promote values of respect and equality.

Situations of gender

discrimination should be detected and actions and measures to correct them will be proposed.

GREEN CAMPUS: To achieve a sustainable immediate environment and meet the strategic objective 2 of the fifth Plan of sustainability - environmental Green Campus FCS 2023-2025, the documentary work carried out on this subject:

Will be mostly requested in a virtual format and computer support If paper is used:

Do not use plastics

Use double-sided printing

Use recycled paper Prevent the realization of drafts

(\*) The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.