

		Teaching Guide			
Identifying Data			2022/23		
Subject (*)	Biology: Basic Levels of Organisation	n of Life I (Cells)	Code	610G02007	
Study programme	Grao en Bioloxía				
		Descriptors			
Cycle	Period	Year	Туре	Credits	
Graduate	1st four-month period	First	Basic training	6	
Language	SpanishGalicianEnglish			· · · ·	
Teaching method	Face-to-face				
Prerequisites					
Department	Bioloxía				
Coordinador	Yañez Sanchez, Julian E-mail julian.yanez@udc.es			lc.es	
Lecturers	Rey Rico, Ana E-mail ana.rey.rico@udc.es		lc.es		
	Vaamonde García, Carlos		carlos.vaamonde	e.garcia@udc.es	
	Yañez Sanchez, Julian		julian.yanez@ud	lc.es	
Web					
General description	This subject is in the first academic y	ear of the degree and the	only precedent that holds t	the majority of national students	
	are knowledge from the Biology cour	se of secondary education	. Therefore, because this o	course is included in the basic	
	common core, teaching is included in the first semester of the first course to provide students with the basic skills needed				
for other subjects. The course focuses on the study of the cell as the anatomical and functional unit of both u multicellular living beings, with special emphasis on the eukaryotic cell. The structure, function and biogenes			tional unit of both unicellular and		
			ction and biogenesis of its		
	components as well as the mechanism and function of the main cellular activities will be treated in an integrated manner.				

	Study programme competences / results	
Code	Study programme competences / results	
A1	Recoñecer distintos niveis de organización nos sistemas vivos.	
A4	Obter, manexar, conservar e observar especímenes.	
A5	Analizar e caracterizar mostras de orixe humana.	
A11	Identificar e analizar material de orixe biolóxica e as súas anomalías.	
A26	Deseñar experimentos, obter información e interpretar os resultados.	
A30	A30 Manexar adecuadamente instrumentación científica.	
A31	A31 Desenvolverse con seguridade nun laboratorio.	
B1	1 Aprender a aprender.	
B4	B4 Traballar de forma autónoma con iniciativa.	
B6	B6 Organizar e planificar o traballo.	
B8	B8 Sintetizar a información.	
B9	B9 Formarse unha opinión propia.	
B10	B10 Exercer a crítica científica.	
B11	Debater en público.	
B13	Comportarse con ética e responsabilidade social como cidadán e como profesional.	

Learning outcomes			
Learning outcomes	Study	y progra	mme
	con	npetenc	es /
		results	
To know the characteristics and properties of the different cell types as anatomical and functional units of living organisms,	A1	B1	
their possible origin and interrelationship		B4	
		B9	
		B11	



To know the structure, origin and function of cellular components, with particular emphasis on eukaryotic cells	A1	B4	
	A4	B9	
		B11	
To understand the mechanisms underlying the dynamics of life and social processes of cells	A1	B4	
		B9	
		B11	
To understand and become familiar with the methodologies, bibliographic sources and technical terms of Cell Biology, in some		B6	
cases using the scientific method to study	A4	B8	
	A5	B10	
	A11	B13	
	A26		
	A30		
	A31		

	Contents
Торіс	Sub-topic
INTRODUCTION:	Concept and historical background of Cell Biology.
	Organization levels and clasification of life.
	Cell Biology Methods.
CELL MEMBRANE AND CELL SURFACE	Structure and organization of biological membranes.
	Transport of molecules across the membrane.
	The cell surface.
	Cell adhesion and cellular junctions.
CYTOSOL AND CYTOSKELETON	Cytosol.
	Cytoskeleton.
	Complex microtubular structures.
SYNTHESIS, INTRACELLULAR TRAFFIC AND	Ribosomes
DEGRADATION OF MACROMOLECULES	The endoplasmic reticulum
	The Golgi complex
	Lisosomes
THE ENERGY CONVERSION	Mitohondria
	Plastids
	Microbodies
THE CELL NUCLEUS AND THE EUKARYOTIC GENOME	The cell nucleus
ORGANIZATION	Chromatin
	Chromosomes
THE CELL CYCLE	The cell cycle
	Mitosis and cytokinesis
	Meiosis
	The programmed cell death.
THE SOCIAL CONTEXT OF THE CELL	Cell communication and cell signaling
	Cancer



Practical lessons	- Fundamentals of light microscopy
	- Observation of bacteria and fungi
	- Observation of protozoans (Protista) and animal cells
	- Observation of plant cells
	- Cell Fractionation
	- Study of plant subcellular structures
	- Observation of chromosomes and mitosis
	- Staining and observation of blood cells
	- Fundamentals of electron microscopy

	Plannin	g		
Methodologies / tests	Competencies /	Teaching hours	Student?s personal	Total hours
	Results	(in-person & virtual)	work hours	
Guest lecture / keynote speech	A1 B1	25	62.5	87.5
Directed discussion	A1 B1 B4 B6 B9 B10	4	8	12
	B11 B13			
Laboratory practice	A1 A4 A5 A11 A26	15	15	30
	A30 A31 B8 B13			
Mixed objective/subjective test	A1	2	2	4
Seminar	A1 B4 B9 B11	4	4	8
Workbook	A1 B9	0	3	3
Introductory activities	A1	1	0	1
Online discussion	A1 B4 B9	0	1	1
Personalized attention		1	0	1

(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

	Methodologies
Methodologies	Description
Guest lecture /	50 minutes sessions about some of the contents of the program. For better exploitation, it is highly recommended that
keynote speech	students have previously read on their own the fundamental aspects of these topics in the recommended texts and completed
	the questionnaires concerning the topic. This section includes the acquisition of A1 skill.
Directed discussion	This methodology will be developed in the sessions called "Review and Problems". In small groups of 10-15
	students, (1) theoretical and practical questions contained in a questionnaire solved by the students prior to the session will be
	discussed; (2) cases or current issues in cell biology and their implications could also be solved. Finally, the level of
	understanding of the topics covered will be evaluated individually with a short test or gamified activity. This activity exercises
	the skills B1, B4, B6, B11 and C1.
Laboratory practice	Some theoretical aspects related to the equipment and experimental methodologies and simple cytological techniques are
	acquired in the lab. Students should elaborate a memory including: the goal of each practical, protocols followed, results,
	drawings and interpretations of the observations in detail. Attendance at practicals is mandatory for evaluation. Circumstances
	that prevent attendance, must be notified/justified to the teachers in charge. In this section skills A4, A30, A31 are developed.
Mixed	This category includes both a partial liberatory exam and the final exam on the contents of the program worked in the
objective/subjective	theoretical and practical sessions of the subject
test	
Seminar	In small groups of 10-15 students, it will be worked on a scheduled topic. Previously students should prepare a summary (1-2
	pages) or glossary of terms on the topic and a copy will be handed at the end of the session. The session consists of sharing
	the information and discussing on the topic. With this activity, skills B1,B4, B6, B8 and B11 will be exercised.
Workbook	Two selected texts related to the introduction of the subject will be available to students at the begining of the course to
	perform a comprehensive reading.



Introductory activities	One session will be dedicated to presentation of the course, explaining its structure, activities, assessment criteria, etc also
	content in the teaching guide. Student can resolve any queries related.
Online discussion	A particular cell biology issue will be proposed in the on-line forum. Contribution and discussion will be expected from the
	students. In this section, skills B1, B4, B8, B11 will be exercised.

	Personalized attention		
Methodologies	Description		
Seminar	minar Students are free to discuss any concerns raised from lectures, but also extensively in seminars and guided discussions. The		
Directed discussion	Directed discussion also have the chance to solve any questions in personalized tutoring sessions.		
Laboratory practice			

		Assessment	
Methodologies	Competencies / Description		Qualification
	Results		
Mixed	A1	On the official date, a final exam will be held about the contents of the program	60
objective/subjective		worked on in the theory and practical sessions. At mid-term, there will also be a	
test		voluntary and liberating partial examination of the theoretical and practical contents	
		worked until then.	
Directed discussion	A1 B1 B4 B6 B9 B10	Either in the face-to-face session called "Review and Problems", or as	20
	B11 B13	homework, the level of understanding of the topics covered in the session will be	
		individually assessed with a short test, analytical question or resolution of a related	
		theoretical case.	
Laboratory practice	A1 A4 A5 A11 A26	At the end of the laboratory period, it will be required to submit a report about the lab	20
	A30 A31 B8 B13	work carried out and the answer of some questions. For evaluation, some of the lab	
		practicals and a few selected questions of the questionnaire associated will be	
		chosen.	

Assessment comments



Attendance at practical sessions is necessary for being allowed to evaluate the exam.

The final exam of the first call (at the end of the 1st semester) will represent 60% of the final grade. The remaining 40% will be the practicals report and the results of the evaluable activities of the discussion sessions (20% and 20%, respectively). To apply the indicated percentages the student must obtain in the examination a mark superior to 4 out of 10). Anyone who has participated in the Practicals and 3 or more evaluable activities can not opt for the "No presentado". Additionally, realizing that during the course students begin exercising certain skills (in some cases by themselves), active participation in seminars and guided discussions will be positively valued. In particular, the contributions to the seminar and the forum could be taken in consideration for the final grade.

Exceptionally, under justified reasons, students that could not take all the continuous assessment tests (part-time students, specific circumstances of learning or unexpected circumstances), appropriate alternative measures or activities will be taken not to affect the student evaluation. (July), as long as the practices have been carried out, only the result of the final exam will be taken into account for the final grade.

Fraudulent performance of the tests or evaulation activities, once verified, will directly imply a failure grade "0" in the corresponding opportunity

@font-face
{font-family:Arial;
panose-1:2 11 6 4 2 2 2 2 2 4;
mso-font-charset:0;
mso-generic-font-family:auto;
mso-font-pitch:variable;
mso-font-signature:-536859905 -1073711037 9 0 511 0;}@font-face
{font-family:"?? ??";
mso-font-charset:78;
mso-generic-font-family:auto;
mso-font-pitch:variable;
mso-font-pitch:variable;
mso-font-signature:-536870145 1791491579 18 0 131231 0;}@font-face
{font-family:"Cambria Math";
panose-1:2 4 5 3 5 4 6 3 2 4;
mso-font-charset:0;



mso-generic-font-family:auto; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}@font-face {font-family:Cambria; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:auto; mso-font-pitch:variable; mso-font-signature:-536870145 1073743103 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; margin-bottom:.0001pt; mso-pagination:widow-orphan; font-size:12.0pt; font-family:Cambria; mso-ascii-font-family:Cambria; mso-ascii-theme-font:minor-latin; mso-fareast-font-family:"?? ??"; mso-fareast-theme-font:minor-fareast; mso-hansi-font-family:Cambria; mso-hansi-theme-font:minor-latin; mso-bidi-font-family:"Times New Roman"; mso-bidi-theme-font:minor-bidi;}.MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-family:Cambria; mso-ascii-font-family:Cambria; mso-ascii-theme-font:minor-latin; mso-fareast-font-family:"?? ??"; mso-fareast-theme-font:minor-fareast; mso-hansi-font-family:Cambria; mso-hansi-theme-font:minor-latin; mso-bidi-font-family:"Times New Roman"; mso-bidi-theme-font:minor-bidi;}div.WordSection1 {page:WordSection1;}Honors will be granted preferably among the students that take the exam in the first call.



	Sources of information
Basic	- Alberts, B. y col. (2011). Introducción a la Biología celular. Panamericana
	- Cooper, GM. (2010). La célula. Marbán
	- Karp, G. (2009). Biología Celular y Molecular. McGraw-Hill. Interamericana
	- Paniagua, R.; Nistal, M.; Sesma, P.; Álvarez-Uría, M.; Anadón, R.; Fraile, B.; Sáez, FJ. (2007). Citología e Histología
	Vegetal y Animal: Biología celular. Interamericana-McGraw-Hill
Complementary	- Lodish, H.; Berk, A.; Zypursky, S.; Matsudaira, P.; Baltimore, D.; Darnell, J. (2005). Biología Celular y Molecular.
	Panamericana
	- Platner, H.; Hentschel, J. (2011). Biología Celular. Panamericana
	- Alberts, B.; Johnson A.; Lewis, J.; Raff, M.; Roberts, R. & amp; Walter, P (2004). Biología Molecular de la célula.
	Omega
	- Pollard, T.D; Earnshaw WC. (2002, 2008). Cell Biology. Saunders

Recommendations
Subjects that it is recommended to have taken before
Subjects that are recommended to be taken simultaneously
Subjects that continue the syllabus
Other comments
Adaptation to University, with a new system of studying, can be a big effort for all students. Learning outcomes of the subject includes fundamental
concepts, familiarity with laboratory work, elaborating practical lab notebooks (presented as a report), finding and processing information from different
reliable sources, present and communicate cell biology information clearly. The term finishes very quickly, which means students need to adapt fast to
the new system. If students do not adapt quickly enough to work and study independently, this could lead to failure to pass the subject. It is therefore
very important that students work on the subject as the course progresses, not leaving it do the last minute before the exam. It is recommended as
well to read or work on the topics before lectures and take appropriate notes during lessons, as well as to complete the questionnaires within the two

days immediately after the class.

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.