



Teaching Guide

Teaching Guide				
Identifying Data				2019/20
Subject (*)	Preventive Podiatry		Code	750G02015
Study programme	Grao en Podoloxía			
Descriptors				
Cycle	Period	Year	Type	Credits
Graduate	1st four-month period	Third	Obligatory	6
Language	SpanishGalician			
Teaching method	Face-to-face			
Prerequisites				
Department	Ciencias da Saúde			
Coordinador	López López, Daniel	E-mail	daniel.lopez.lopez@udc.es	
Lecturers		E-mail		
Web	moodle.udc.es/			
General description	A materia de Podoloxía Preventiva ten unha clara importancia de cara a que o alumnado, no marco do proceso de ensino-aprendizaxe da súa formación, desenvolva algunhas das habilidades e destrezas necesarias para mellorar a saúde das persoas en xeral e no tocante ao pé en particular.			
	Xa que logo, o seu valor é moi significativo para os futuros podólogos, ao posibilitarlles comprender e actuar sobre o proceso de saúde-enfermidade en xeral e no ámbito particular do pé. Está enfocada á adopción das medidas preventivas axeitadas en cada situación, así como a realizar unha educación sanitaria preventiva nos pacientes, os sanitarios e as persoas.			
	Por iso, dentro dos denominados procesos de promoción e prevención da saúde, faise fincapé na visión holística da saúde do pé, habida conta do seu interese e importancia dentro da tendencia actual da disciplina no mantemento e mellora da calidade de vida.			

Study programme competences

Code	Study programme competences
A17	Identificar e analizar os problemas de saúde do pé nos diferentes aspectos ambientais, biodinámicos e sociais, así como unha aprendizaxe relativa á avaliación dos feitos cientificamente probados e á análise dos datos en xeral, para aplicar a Podoloxía Baseada na Evidencia Científica.
A18	Coñecer e aplicar estratexias de prevención e educación para a saúde en podoloxía. Saúde laboral podolóxica. Prevención de riscos laborais en podoloxía. Saneamento e desinfección. Métodos de educación sanitaria podolóxica. Diseñar e avaliar os programas de educación para a saúde. Podoloxía preventiva. Antropoloxía da Saúde e da Enfermidade.
B2	Resolver problemas de forma efectiva.
B3	Aplicar un pensamento crítico, lóxico e creativo.
C1	Expresarse correctamente, tanto de forma oral coma escrita, nas linguas oficiais da comunidade autónoma.
C3	Utilizar as ferramentas básicas das tecnoloxías da información e as comunicacións (TIC) necesarias para o exercicio da súa profesión e para a aprendizaxe ao longo da súa vida.
C4	Desenvolverse para o exercicio dunha cidadanía aberta, culta, crítica, comprometida, democrática e solidaria, capaz de analizar a realidade, diagnosticar problemas, formular e implantar solucións baseadas no coñecemento e orientadas ao ben común.
C5	Entender a importancia da cultura emprendedora e coñecer os medios ao alcance das persoas emprendedoras.
C6	Valorar criticamente o coñecemento, a tecnoloxía e a información dispoñible para resolver os problemas cos que deben enfrontarse.
C7	Asumir como profesional e cidadán a importancia da aprendizaxe ao longo da vida.
C8	Valorar a importancia que ten a investigación, a innovación e o desenvolvemento tecnolóxico no avance socioeconómico e cultural da sociedade.

Learning outcomes



Learning outcomes	Study programme competences		
Foster on the evaluation of scientifically established facts and the analysis of learning data in general to apply Podiatry Based on Scientific Evidence.	A17	B3	C6 C8
Identify and analyze the problems of foot health to environmental, biodynamic and social aspects.	A18	B2	C1 C5
Learn to design and implement strategies and programs for prevention and health education in podiatry, podiatric and methods of health education.	A18	B2	C4
Meet and take podiatric occupational health and prevention of occupational hazards in podiatry.	A18	B2	C3
Designing and evaluating programs of health education.	A18	B2	C8
Meet the anthropology of Health and Illness, sanitation and disinfection.	A17	B3	C7

Contents	
Topic	Sub-topic
1. General	a. Concepts related to the subject of Preventive Podiatry. b. Natural History of Disease Prevention and podiatric levels. c. Characteristics of each level of health care. Primary Health Care. d. Child programs in adults geriatrics and patients with special needs. e. Present and Future of Podiatry Preventive.
2. Podiatry Preventive Strategies.	a. Prevention Strategies. Epidemiological surveillance. b. Prevention Strategies. Health Promotion in Podiatry. Podiatric hygiene. c. Concepts of strategies. Podiatry Preventive Strategies votes.
3. Podiatric Health Program. Sifted.	a. Discussion and analysis of Podiatric Health Programs. b. Exploration of foot systematic learning to value: morphology, mobility, and support gear. Performing and interpreting specific footprints in children or adults.
4. Podiatric Health Education.	a. Assess the health of a population, relating Podiatry Preventive, by analyzing and interpreting indicators of public health or the experience gained by the students themselves participants in the workshop. b. Analysis and organization of podiatric health education activities, objectives and designing activities aimed at different sectors of the population.
5. Occupational Health and Preventive Podiatry. Podiatrist Risk Professionals.	a. Labor Podiatry. Surveillance podiatric health. b. Occupational Risk Act. c. Occupational risks in Podiatry and prevention. d. Hospital waste management.
6. Podiatry Preventive Communicable Diseases.	a. General Bases of the prevention of communicable diseases. b. General epidemiology of communicable diseases. c. Preventive foot care in viral infections, Polio, Hepatitis and HIV / AIDS. d. Podiatry Preventive tetanus. e. Health actions on the subject susceptible. Vaccinations, sera and immunoglobulins. chemoprophylaxis f. Preventive foot care in mycosis. Dermatomycoses. Onychomycosis. g. Podiatry Preventive other communicable diseases in plantar warts.
7. Podiatry Preventive Non communicable Diseases.	a. Non communicable diseases. Chronic diseases. b. Non communicable diseases related to Podiatry. c. Preventive foot care in endocrine and metabolic diseases. Diabetic foot. d. Preventive foot care in diseases of the musculoskeletal system. Arthritis and Osteoarthritis. e. Podiatry Preventive dermal disorders and neurological origin. Leprosy and dermatitis.



8. Role of the Podiatrist in Multidisciplinary Health Team.	a. Definition, members and the current paradigm of a health team. b. Social Perception Foot Health. c. Benefits of a multidisciplinary team of foot health. d. Functions and Management of a team of health.
9. Podiatry Preventive and Quality of Life.	a. Levels of health and quality of life. b. Perception of quality of life and its components. c. Theoretical framework of the quality of life. d. Features, dimensions and quality assessment and life. e. Quality of life related to health in Podiatry.

Planning				
Methodologies / tests	Competencies	Ordinary class hours	Student?s personal work hours	Total hours
Objective test	A17 A18 B2	2	18	20
Guest lecture / keynote speech	A17 A18 C3 C7	21	42	63
Seminar	A17 A18 C1 C4 C6 C8	14	28	42
Online forum	C5 C6	0	5	5
Laboratory practice	A17 A18 B3	7	7	14
Personalized attention		6	0	6
(*)The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.				

Methodologies	
Methodologies	Description
Objective test	50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff.
Guest lecture / keynote speech	The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes. The keynote sessions will focus on the main contents of the syllabus. Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it. All material will be accessible to students in distance learning platform Moodle https://campusvirtual.udc.es/moodle/.
Seminar	Seminar in specific topics of seminars teaching units of the syllabus of the subject on which group activities to be delivered through distance learning platform Moodle for further exposure in the art workshops will be developed will be addressed.
Online forum	Participación activa e periódica do alumnado a través da plataforma de teleensinanza moodle. Esta ferramenta de comunicación asíncrona (foro) esta destinada ao tratamento das cuestións que se formulen a través dun contorno virtual de aprendizaxe, poñendo interese en xerar empatía e solucionar as tarefas que se proporcionen no proceso de ensino-aprendizaxe.
Laboratory practice	A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas. Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas.

Personalized attention	
Methodologies	Description



Laboratory practice	The personalized service will run on a scheduled basis in times of teacher attention to students, to face service; and virtually, through email and other electronic means to enable the virtual platform.
Online forum	
Seminar	
Guest lecture / keynote speech	
Objective test	
	The personalized service is designed to solve any issue related to the different methodologies and / or contents of the subject.

Assessment			
Methodologies	Competencies	Description	Qualification
Laboratory practice	A17 A18 B3	A asistencia ás prácticas de laboratorio é obrigatoria na súa totalidade para superar a materia. As dúas últimas horas de prácticas destinaranse a realizar un exame práctico con preguntas teórico-prácticas sobre os contidos da materia tratados nelas. Para obter o apto/a nas prácticas de laboratorio debe contestarse ou realizarse correctamente o 50% das actividades e/ou preguntas do exame, alén de ter asistido á totalidade das prácticas.	10
Online forum	C5 C6	As actividades relacionadas co foro virtual (FV) son optativas e non poden recuperarse ou ser substituídas por outras actividades da materia. A puntuación no FV especificarase o día da presentación da asignatura e estará a disposición do alumnado na plataforma de teleensinanza moodle.	10
Seminar	A17 A18 C1 C4 C6 C8	The master class sessions consist of master-participatory exhibition of basic contents of the subject, supported by images, video, etc classes. The keynote sessions will focus on the main contents of the syllabus. Students will be provided the agenda with the basic theoretical contents of the subject, as well as material to work in the classroom or outside it. All material will be accessible to students in distance learning platform Moodle https://campusvirtual.udc.es/moodle/ .	15
Guest lecture / keynote speech	A17 A18 C3 C7	A asistencia as aulas de sesión maxistral é obrigatoria na súa totalidade para superar a materia e non se poden recuperar ou substituir por outras tarefas.	5
Objective test	A17 A18 B2	50 multiple choice questions (closed response) that include questions regarding the content developed both in master classes, seminars and stuff.	60

Assessment comments
In presenting the PREVENTIVE PODIATRY subject succinctly explain the program course, and the rules for the evaluation of it, to be made available to students in the distance learning platform Moodle, being sine qua non to pass the course in: <u>1 First OPPORTUNITY CALL REGULAR:</u> 1.1 Attend 80% of the seminars, as well as implement the proposed activities and get a total score on a numerical scale of 1 to 10, from 5 (suitable), which only counted in the event of exceeding the consideration of the Final Test of the subject. 1.2 Getting the Test Final Test score on a numeric scale of 1 - 10 from 5 (suitable). <u>2, SECOND REGULAR CALL, AND SUBSEQUENT CALLS EARLY OPPORTUNITY:</u> 2.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable). 2.2 The scores for the seminars but will not count the activities necessary to overcome to pass the subject in successive calls. <u>3. PARTIAL TUITION PUPILS:</u> 3.1 Getting the Test Final Test score on a numeric scale of 1 to 10, from 5 (suitable).

Sources of information



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Recommendations

Subjects that it is recommended to have taken before



Psychology/750G02006
General Pathology/750G02008
Information and Communication Systems in Health Science/750G02010
Scientific Method and Public Health/750G02011
General Podiatry/750G02012
Podiatric Orthopedics 1/750G02017
Podiatric Orthopedics 2/750G02018
Podiatric Pathology 1/750G02021
Infection Prevention Techniques and Procedures/750G02032

Subjects that are recommended to be taken simultaneously

Podiatric Orthopedics 3/750G02019
Podiatric Pathology 2/750G02022
Dermatology/750G02026
Podiatric Surgery 1/750G02029

Subjects that continue the syllabus

Bioethics, Legislation and Management in Podiatry/750G02016
Digital Orthopedics and Footwear Therapy/750G02020
Sports Podiatry/750G02025
Diabetic Foot/750G02031
Practicum 1/750G02033
Practicum 2/750G02034
Practicum 3/750G02035
Final Dissertation/750G02036

Other comments

Para o seguemento das diferentes metodoloxías na aula da materia recoméndase a utilización dun ordenador portátil que dispoña de conexión wifi. Asemade, ca finalidade de conquistar unha contorna inmediata sustentable e cumprir o obxectivo estratéxico do Plan de Sustentabilidade Medio-ambiental Green Campus FEP, tódolos traballos documentais que se realicen nesta materia serán entregados a través de Moodle, en formato dixital, sen necesidade de imprimilos. De realizarse en papel:- Non se empregarán plásticos. - Realizaráanse impresións a dobre cara.- Empregarase papel reciclado.- Evitaranse imprimir borradores.

(*)The teaching guide is the document in which the URV publishes the information about all its courses. It is a public document and cannot be modified. Only in exceptional cases can it be revised by the competent agent or duly revised so that it is in line with current legislation.